

Posto	Dorsal	Nome	Licencia	T. Oficial	T. Neto	Categoría	P. Cat	Sexo	P. Sexo	Club	Localidade	CP1	CP2	Finish
1	3450	Pedro Nimo Del Oro	GA764896	00:32:12	00:32:12	Máster 1	1	M	1	3RUN by PedroNimo	Santiago De Compostela	00:03:25	00:20:13	00:32:12
2	2463	Miguel Penedo Taboada	AG2020659	00:32:19	00:32:19	Senior	1	M	2	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	Brión	00:03:26	00:20:12	00:32:19
3	2461	Anxo Castro Varela	AG2020758	00:32:39	00:32:38	Senior	2	M	3	MILER RUNNING CLUB	A Coruña	00:03:26	00:20:30	00:32:39
4	2462	Abdelaziz Fathi Chhima		00:34:15	00:34:14	Senior	3	M	4	jamoneria la leonesa	A Coruña	00:03:26	00:21:12	00:34:15
5	2464	Manuel Oliver Pérez López	GA768549	00:34:57	00:34:56	Máster 2	1	M	5	CLUB ATLETISMO SAR VERMÚ PETRONI	Culleredo	00:03:40	00:22:01	00:34:57
6	2468	Noel Fernandez Marcos	GA1234	00:35:33	00:35:33	Máster 2	2	M	6	RUNAWAYS (RUNNING CLUB FOR GENTLEMEN)	Oleiros	00:03:42	00:22:20	00:35:33
7	2479	David Cano Conesa	AG768596	00:36:23	00:36:22	Máster 2	3	M	7	CORREDORES POPULARES ARMADA FERROL	Narón	00:03:40	00:22:38	00:36:23
8	2475	Fernando López De Las Heras	AG2019991	00:36:27	00:36:26	Máster 2	4	M	8	CLUB ATLETISMO CORUÑA COMARCA	Culleredo	00:03:48	00:23:00	00:36:27
9	3444	Paula Mayobre González	GA766085	00:36:28	00:36:28	Senior	1	F	1	C.A. Clínica Dental Seoane Pampin	Ares	00:03:48	00:23:02	00:36:28
10	2477	Javier Oubiña Abuín		00:36:40	00:36:38	Máster 1	2	M	9		A Coruña	00:03:43	00:22:35	00:36:40
11	2474	Fernando Perez Hernandez	AG2019970	00:36:43	00:36:43	Máster 2	5	M	10	CLUB ATLETISMO CORUÑA COMARCA	A Coruña	00:03:49	00:23:02	00:36:43
12	2499	Edgar Castelo Rodríguez	AG2020657	00:36:51	00:36:50	Senior	4	M	11		Cambre	00:03:50	00:23:16	00:36:51
13	2504	Roberto Martinez Castro		00:37:04	00:37:04	Senior	5	M	12	Triatlón Ferrol	Ferrol	00:03:40	00:23:06	00:37:04
14	2510	Jorge Arceiz Baquero	AG2020049	00:37:07	00:37:04	Senior	6	M	13	ATLETISMO ARENTEIRO	Carballiño, O	00:03:56	00:23:39	00:37:07
15	2485	Andrés Flórez Pérez	AG2024175	00:37:08	00:37:07	Máster 1	3	M	14	CLUB ATLETISMO CORUÑA COMARCA	A Coruña	00:03:50	00:23:36	00:37:08
16	2506	Jose Ramon Lago Quinteiro	AG768907	00:37:09	00:37:04	Máster 2	6	M	15	ATLETISMO FONTES DO SAR	Santiago De Compostela	00:03:58	00:23:37	00:37:09
17	2481	José Luis González Nuñez		00:37:16	00:37:15	Máster 1	4	M	16		Teo	00:03:43	00:23:19	00:37:16
18	2528	David Sanmartín Sedes		00:37:18	00:37:16	Senior	7	M	17		Ferrol	00:03:51	00:23:44	00:37:18
19	2491	Cesar Rodríguez Ventureira		00:37:23	00:37:22	Máster 2	7	M	18	Running Arteixo	Arteixo	00:03:49	00:23:08	00:37:23
20	2497	Daniel Martínez Gómez		00:37:25	00:37:22	Senior	8	M	19	Triatlón Ourense	Ourense	00:03:57	00:23:38	00:37:25
21	3451	Fernando Hoyos Silva		00:37:26	00:37:26	Máster 3	1	M	20	CLUB DEPORTIVO PINARIUM	Ferrol	00:03:49	00:23:39	00:37:26
22	2527	Jose Luis Seoane Uzal		00:37:27	00:37:26	Máster 1	5	M	21	Motobike Galaico Pontevedra	A Coruña	00:03:53	00:23:36	00:37:27
23	3466	Jorge Diaz Mira		00:37:35	00:37:33	Máster 2	8	M	22			00:03:47	00:23:30	00:37:35
24	2489	Simón Irago Baúlde		00:37:35	00:37:35	Máster 2	9	M	23	CLUB ATLETISMO DIVINA PASTORA CADIZ	Pontevedra	00:03:44	00:23:11	00:37:35
25	2520	Javier Palomo Campos	AG767426	00:37:37	00:37:37	Máster 2	10	M	24	CLUB ATLETISMO SADA	Miño	00:03:47	00:23:35	00:37:37
26	2502	Pablo Lorenzo Formigo		00:37:44	00:37:42	Máster 2	11	M	25		Cortegada	00:03:49	00:23:36	00:37:44
27	3368	Alberto Manuel Castedo Pernas	AG2023227	00:37:44	00:37:44	Senior	9	M	26	MARINEDA ATLETICO	A Coruña	00:03:56	00:23:43	00:37:44
28	3357	André Santos		00:37:46	00:37:43	Senior	10	M	27		S. João Da Madeira	00:03:56	00:23:44	00:37:46
29	2470	Alvaro Gomez Cardesin	AG2024114	00:37:54	00:37:53	Senior	11	M	28	CLUB ATLETISMO CORUÑA COMARCA	A Coruña	00:03:46	00:23:06	00:37:54
30	2543	Ramón García Teira	AG763932	00:37:57	00:37:50	Máster 2	12	M	29	ATLETISMO FONTES DO SAR	Santiago De Compostela	00:04:06	00:24:03	00:37:57
31	2480	Nacho Martínez Garcia		00:37:58	00:37:56	Máster 2	13	M	30	Corrquetepillo	Siero	00:03:56	00:24:04	00:37:58
32	2517	David Pájaro		00:37:58	00:37:56	Senior	12	M	31	Asociación Deportiva Cerne	Melide	00:03:57	00:23:57	00:37:58
33	2483	Alfonso Toimil Castro	AG9549	00:37:59	00:37:55	Máster 2	14	M	32	ATLETISMO MILLADOIRO	Santiago De Compostela	00:04:03	00:24:07	00:37:59
34	2531	Diego Collazo Varela		00:38:03	00:38:00	Senior	13	M	33	Nosportlimit	Culleredo	00:04:07	00:24:02	00:38:03
35	2493	Rodrigo Pintado Del Campo		00:38:04	00:38:01	Máster 1	6	M	34	Nosportlimit	A Coruña	00:04:07	00:24:03	00:38:04
36	2538	Alvaro Cimarras Iglesias		00:38:04	00:38:01	Máster 1	7	M	35	Nosportlimit	Oleiros	00:04:06	00:24:05	00:38:04
37	2529	José Manuel Cao García	AG769742	00:38:07	00:38:01	Máster 2	15	M	36	ATLETISMO FONTES DO SAR	Santiago De Compostela	00:04:06	00:24:02	00:38:07
38	2472	Gabriel Landín Casablanca		00:38:09	00:38:08	Sub 23	1	M	37		Pontevedra	00:03:42	00:23:52	00:38:09
39	2513	Fernando Lopez Martinez		00:38:12	00:38:10	Máster 1	8	M	38		Culleredo	00:03:48	00:23:41	00:38:12
40	2498	José Luis Martínez Vicente	AG769401	00:38:14	00:38:11	Máster 2	16	M	39	PATUKOS TIM RANIN	A Coruña	00:04:02	00:24:16	00:38:14
41	2511	David Alonso Nogueira		00:38:15	00:38:12	Senior	14	M	40	CLUB ATLETISMO SADA	Bergondo	00:04:00	00:24:06	00:38:15
42	2518	Juan Carlos Brandón Rodríguez	AG11133	00:38:20	00:38:13	Máster 3	2	M	41	ATLETISMO FONTES DO SAR	Santiago De Compostela	00:04:07	00:24:04	00:38:20
43	2507	Ignacio Riestra Prendes		00:38:22	00:38:18	Máster 1	9	M	42		Gijón	00:04:04	00:24:08	00:38:22

44	2570	David Esteban Ferreiro		00:38:31	00:38:28	Senior	15	M	43		Carral	00:04:01	00:24:09	00:38:31
45	2512	Carlos Pereira Rey		00:38:37	00:38:33	Máster 3	3	M	44	Running Arteixo		00:03:57	00:24:14	00:38:37
46	2478	Javier Álvarez Varela	AG2018855	00:38:37	00:38:36	Máster 1	10	M	45	ATLETAS DE ACEA DE AMA	Oleiros	00:03:59	00:24:08	00:38:37
47	2495	Fernando Del Corral Rey		00:38:40	00:38:38	Máster 1	11	M	46	WIN	Gavà	00:03:58	00:24:10	00:38:40
48	2524	Jose Antonio Juanatey Pérez	AG9873	00:38:46	00:38:40	Máster 2	17	M	47	ATLETISMO FONTES DO SAR	Santiago De Compostela	00:04:06	00:24:16	00:38:46
49	2526	Luis Rilo González-vallés		00:38:47	00:38:43	Senior	16	M	48	TRIATLON FERROL	Ferrol	00:03:58	00:24:05	00:38:47
50	2552	Santiago Lago Figueroa		00:38:52	00:38:48	Senior	17	M	49		Muros	00:04:05	00:24:24	00:38:52
51	2947	Santiago Reboyras		00:38:54	00:38:51	Máster 2	18	M	50	FLUVIAL DE LUGO	A Coruña	00:04:05	00:24:41	00:38:54
52	3421	Alfonso Garcia Bello		00:39:02	00:39:00	Máster 3	4	M	51		Cambre	00:04:05	00:24:43	00:39:02
53	2587	Juan Carlos Castro Fernandez		00:39:04	00:39:00	Máster 1	12	M	52	RUNNING OLEIROS	Oleiros	00:03:55	00:24:44	00:39:04
54	2508	Antonio Corral Lopez		00:39:10	00:39:04	Máster 1	13	M	53		A Coruña		00:24:46	00:39:10
55	2555	Bernardo Garcia De Paz	GA764657	00:39:11	00:39:09	Máster 3	5	M	54	RUNAWAYS (RUNNING CLUB FOR GENTLEMEN)	A Coruña	00:04:10	00:24:56	00:39:11
56	2534	Esteban Fernandez Diaz		00:39:13	00:39:09	Máster 1	14	M	55		A Coruña	00:04:05	00:24:37	00:39:13
57	2514	Marcos Trelles Rodríguez		00:39:14	00:39:10	Máster 1	15	M	56	A.D.JARNACHAS	Arteixo	00:04:02	00:24:44	00:39:14
58	2494	Alberto Juncal Iglesias	AG8187	00:39:14	00:39:12	Máster 2	19	M	57	ATLETISMO SAMERTOLAMEU	Moaña	00:04:03	00:24:47	00:39:14
59	2563	Carlos Becerra Do Ejo	AG768759	00:39:16	00:39:10	Máster 2	20	M	58	ATLETISMO FONTES DO SAR	Teo	00:04:16	00:24:54	00:39:16
60	2484	Nano Sierra García		00:39:18	00:39:14	Máster 1	16	M	59	Nosportlimit	A Coruña	00:04:07	00:24:36	00:39:18
61	2509	Gustavo Graña Meijide		00:39:18	00:39:15	Senior	18	M	60	Nosportlimit	Carral	00:04:07	00:24:40	00:39:18
62	2525	Anxo Meizoso Permui		00:39:24	00:39:18	Máster 1	17	M	61	Club Hercules Termaria	A Capela	00:04:13	00:24:56	00:39:24
63	2602	Juan Méndez López	AG2021553	00:39:25	00:39:23	Máster 2	21	M	62	CLUB ATLETISMO SADA	Sada	00:04:06	00:24:55	00:39:25
64	2625	Manuel Costa Castro		00:39:25	00:39:22	Máster 2	22	M	63		Santiago De Compostela	00:04:10	00:24:46	00:39:25
65	2671	Jorge Martínez Gómez		00:39:28	00:39:20	Senior	19	M	64		A Coruña	00:04:23	00:25:17	00:39:28
66	2488	Lorenzo Sánchez Marcos	GA765361	00:39:29	00:39:26	Máster 3	6	M	65	RUNAWAYS (RUNNING CLUB FOR GENTLEMEN)	A Coruña	00:04:02	00:24:54	00:39:29
67	2558	Miguel Budiño Vázquez		00:39:30	00:39:26	Senior	20	M	66		A Coruña	00:04:04	00:24:53	00:39:30
68	2637	Sergio Varela Martinez	AG2025415	00:39:33	00:39:26	Máster 1	18	M	67		Muros	00:04:17	00:24:52	00:39:33
69	2492	Sergio Daniel Orosa López		00:39:33	00:39:28	Senior	21	M	68	Running Sarria	A Coruña	00:04:04	00:24:47	00:39:33
70	2606	Gonzalo Balay Losada		00:39:34	00:39:27	Senior	22	M	69	Nosportlimit	A Coruña	00:04:21	00:25:06	00:39:34
71	2610	Daniel López García		00:39:34	00:39:33	Senior	23	M	70	Kurai	Oleiros	00:04:05	00:24:59	00:39:34
72	2539	Miguel Ángel Fernández Casal	AG766360	00:39:34	00:39:31	Máster 3	7	M	71	ATLETAS VETERANOS OURENSE	Ourense	00:04:13	00:25:18	00:39:34
73	2505	Adrián Maceiras Figueiras	AG766071	00:39:45	00:39:39	Senior	24	M	72	CLUB ATLETISMO SAR VERMÚ PETRONI	Muros	00:04:13	00:24:47	00:39:45
74	2486	Alejandro Vázquez Gómez		00:39:47	00:39:44	Senior	25	M	73		A Coruña	00:04:05	00:24:45	00:39:47
75	2573	Alejandro Liste Bascoy		00:39:48	00:39:45	Máster 2	23	M	74	Arbogal Team	Pontevedra	00:04:09	00:25:02	00:39:48
76	2523	David Herrera García	AG2018877	00:39:49	00:39:47	Máster 1	19	M	75	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	A Coruña	00:03:54	00:24:29	00:39:49
77	2609	Manuel Garea Suárez		00:39:56	00:39:50	Senior	26	M	76	Nosportlimit	Frades	00:04:24	00:25:35	00:39:56
78	2536	José Antonio Noya Pérez	AG2019228	00:39:56	00:39:50	Máster 2	24	M	77	ATLETISMO FONTES DO SAR	Santiago De Compostela	00:04:07	00:24:53	00:39:56
79	3453	Manuel Antonio Garrido Conchado		00:39:56	00:39:53	Máster 1	20	M	78	ADROGALTRI498	A Coruña	00:04:13	00:25:14	00:39:56
80	2541	Eduardo Pérez Cajaraville		00:39:57	00:39:52	Senior	27	M	79	NOSPORTLIMIT-TREK GALICIA		00:04:08	00:25:03	00:39:57
81	2595	Bruno Bello Lafuente		00:39:58	00:39:52	Senior	28	M	80	TRIATLÓN ARTEIXO	A Coruña	00:04:08	00:25:04	00:39:58
82	2574	Faustino Meis Veiga		00:39:59	00:39:57	Máster 2	25	M	81	Arbogal Team	Pontevedra	00:04:08	00:25:01	00:39:59
83	2557	Jose Manuel Candaes Diaz		00:39:59	00:39:56	Máster 2	26	M	82		A Coruña	00:04:08	00:25:09	00:39:59
84	2581	Antonio Touza Gonzalez		00:40:00	00:39:57	Máster 1	21	M	83		Ourense	00:04:13	00:25:11	00:40:00
85	2572	Óscar González Estévez		00:40:01	00:39:54	Senior	29	M	84	Nosportlimit	Salceda De Caselas	00:04:20	00:25:30	00:40:01
86	2752	David Vidal Lagares		00:40:03	00:39:51	Senior	30	M	85		Oleiros	00:04:31	00:25:20	00:40:03
87	2546	Edu Pinedo Armesto		00:40:04	00:40:02	Máster 1	22	M	86		Oleiros	00:04:03	00:24:49	00:40:04

88	2660	Jose Antonio Chuecos		00:40:07	00:40:03	Máster 1	23	M	87	CASTRO DE LOBADIZ	Narón	00:04:09	00:25:16	00:40:07
89	2559	Miguel Diaz Carballo		00:40:12	00:40:10	Máster 3	8	M	88		Betanzos	00:04:08	00:25:18	00:40:12
90	2583	Miguel Abuin Mosquera		00:40:13	00:40:06	Senior	31	M	89			00:04:23	00:25:39	00:40:13
91	2482	Ricardo Rey Martínez		00:40:14	00:40:09	Máster 2	27	M	90	Nosportlimit	Abegondo	00:04:21	00:25:34	00:40:14
92	2654	Ramón Carnota Méndez		00:40:17	00:40:11	Máster 1	24	M	91	Nosportlimit	A Coruña	00:04:22	00:25:34	00:40:17
93	2590	M. Anibal Barca España	AG2022592	00:40:18	00:40:15	Máster 1	25	M	92	C.D. OS MUDITOS	Carballo	00:04:09	00:25:35	00:40:18
94	2589	José Manuel Guerrero Castillo		00:40:22	00:40:18	Máster 2	28	M	93	Atletismo Novo Mesoiro - A Coruña	A Coruña	00:04:13	00:24:59	00:40:22
95	2667	Miguel Grueiro Méndez		00:40:23	00:40:19	Máster 1	26	M	94		Ferrol	00:04:16	00:25:33	00:40:23
96	2598	Adrián Conde Fraga		00:40:26	00:40:21	Senior	32	M	95		Arteixo	00:04:16	00:25:50	00:40:26
97	2585	Alvaro Seara Perez	AG2018320	00:40:30	00:40:23	Máster 1	27	M	96	ATLETISMO FONTES DO SAR	Teo	00:04:17	00:25:17	00:40:30
98	2797	Christian Pérez Folgar		00:40:30	00:40:18	Senior	33	M	97		A Coruña	00:04:25	00:25:49	00:40:30
99	2621	Antonio García Varela		00:40:31	00:40:26	Máster 2	29	M	98		Betanzos	00:04:16	00:25:46	00:40:31
100	2596	Santiago García Bello		00:40:33	00:40:31	Máster 3	9	M	99	Trastos Coruña	Cambre	00:04:10	00:25:21	00:40:33
101	2009	Karina Callon Treus	GA768569	00:40:37	00:40:36	Máster 1	1	F	2	CLUB ATLETISMO SADA	Cambre	00:04:13	00:25:38	00:40:37
102	2638	Félix Roget Pérez		00:40:41	00:40:34	Máster 1	28	M	100	TERRA DE SONEIRA	Vimianzo	00:04:27	00:25:40	00:40:41
103	2677	Victor Gonzalez Arlanzón		00:40:43	00:40:40	Senior	34	M	101	TROTAPINARES	Valladolid	00:04:10	00:25:33	00:40:43
104	2608	Jose Manuel Salgueiriño Maceira		00:40:45	00:40:40	Máster 2	30	M	102	ATLETISMO PORRIÑO	Porriño, O	00:04:07	00:25:37	00:40:45
105	2575	Jose Manuel Toledo Estevez	AG2015979	00:40:45	00:40:42	Máster 2	31	M	103	PATO BLANCO DE CELANOVA	Celanova	00:04:13	00:25:39	00:40:45
106	2693	José Antonio García Méndez		00:40:49	00:40:42	Máster 2	32	M	104	A.D. Cerne	A Coruña	00:04:24	00:25:46	00:40:49
107	2613	Martín González Vázquez		00:40:51	00:40:45	Senior	35	M	105	Nosportlimit	Betanzos	00:04:21	00:25:33	00:40:51
108	2002	Celia Garrido García		00:40:53	00:40:51	Máster 1	2	F	3	C.D.V. TROTAPINARES	Valladolid	00:04:10	00:25:47	00:40:53
109	2537	Javier Villamizar Vázquez		00:40:55	00:40:51	Senior	36	M	106		A Coruña	00:04:13	00:25:28	00:40:55
110	2578	Fernando Jose Varela Castro		00:41:01	00:40:53	Senior	37	M	107	No tengo club	A Coruña	00:04:25	00:25:46	00:41:01
111	2551	Rafael Suarez Fernandez	AG763630	00:41:08	00:41:05	Máster 2	33	M	108	MARINEDA ATLETICO	A Coruña	00:04:13	00:25:51	00:41:08
112	2586	José Ramon Dengra	AG2025409	00:41:09	00:41:05	Máster 2	34	M	109	CLUBE CORREDOIRAS BUEU	Porriño, O	00:04:18	00:25:54	00:41:09
113	2622	Jose Antonio Valiño Ces	AG2019377	00:41:14	00:41:07	Máster 2	35	M	110	ATLETISMO FONTES DO SAR	Santiago De Compostela	00:04:28	00:26:15	00:41:14
114	2521	Juan Jamarido Miguens		00:41:15	00:41:11	Máster 2	36	M	111		Santiago De Compostela	00:04:13	00:26:10	00:41:15
115	2722	Manuel Angel Dominguez Espejo		00:41:16	00:41:01	Senior	38	M	112		Ourense	00:04:26	00:25:50	00:41:16
116	2618	José Carlos González González	AG2023978	00:41:19	00:41:12	Máster 2	37	M	113	ATLETISMO FONTES DO SAR	Santiago De Compostela	00:04:18	00:26:01	00:41:19
117	2569	Javier Cupeiro Frade		00:41:20	00:41:15	Máster 2	38	M	114		Oleiros	00:04:17	00:26:02	00:41:20
118	2577	Valentín Barcia Anido		00:41:20	00:41:16	Senior	39	M	115	CLUB TRIATHLON SANTIAGO	Santa Comba	00:04:15	00:25:52	00:41:20
119	2547	Alvaro López Jácome		00:41:21	00:41:16	Máster 2	39	M	116	Club Leones Team Beer Runners	A Coruña	00:04:25	00:26:10	00:41:21
120	2561	Jose Sáez Suárez		00:41:23	00:41:18	Máster 1	29	M	117	CLUB CASTRO DE LOBADIZ	Narón	00:04:13	00:25:54	00:41:23
121	3320	Antonio Rivas Feal		00:41:23	00:41:10	Máster 3	10	M	118	Hercules Termaria	Oleiros	00:04:41	00:26:16	00:41:23
122	2729	José Juan Vila Rey		00:41:23	00:41:15	Máster 3	11	M	119	CLUB ATLETISMO SADA	Oleiros	00:04:24	00:26:11	00:41:23
123	2580	Francisco Javier Pérez Cascudo		00:41:25	00:41:20	Máster 2	40	M	120	CLUB DEPORTIVO JIMBARAN	Lugo	00:04:15	00:26:06	00:41:25
124	2691	Jorge Vilaríño Mozo		00:41:26	00:41:22	Máster 4	1	M	121	CLUB CASTRO DE LOBADIZ	Ferrol	00:04:18	00:26:12	00:41:26
125	2626	Jose Antonio Fernández Rodríguez		00:41:27	00:41:24	Máster 1	30	M	122	Atletismo Arteixo	Arteixo	00:04:09	00:26:03	00:41:27
126	2604	Javier Armesto Pulido	AG2022622	00:41:30	00:41:28	Máster 1	31	M	123	CLUB ATLETISMO SADA	Oleiros	00:04:15	00:26:08	00:41:30
127	2708	Ruben Pardo Nebril		00:41:32	00:41:25	Máster 2	41	M	124		A Coruña	00:04:24	00:26:03	00:41:32
128	2912	Chema Reigosa Martínez		00:41:32	00:41:24	Máster 3	12	M	125	FLUVIAL DE LUGO	A Coruña	00:04:24	00:26:06	00:41:32
129	2469	Ivan Segade Carou	AG766602	00:41:36	00:41:33	Máster 1	32	M	126	CLUB ATLETISMO BOIMORTO	A Coruña	00:04:25	00:26:04	00:41:36
130	2639	Javier Blanco Blanco	AG2021037	00:41:36	00:41:31	Máster 3	13	M	127		Santiago De Compostela	00:04:13	00:26:10	00:41:36
131	2619	Tomás García Gallego		00:41:37	00:41:33	Máster 2	42	M	128	Zapatilla Veloz	A Coruña	00:04:14	00:26:07	00:41:37

132	2535	Ruben Buceta Seijas		00:41:40	00:41:37	Sub 23	2	M	129		Culleredo	00:04:01	00:26:08	00:41:40
133	2611	Paulino Campos Dominguez		00:41:43	00:41:38	Máster 2	43	M	130	Zapatilla Veloz	Aranga	00:04:25	00:26:14	00:41:43
134	2501	Roberto García Pazos	AG2024320	00:41:43	00:41:41	Senior	40	M	131	CLUB ATLETISMO SADA	A Coruña	00:04:13	00:25:46	00:41:43
135	2592	Ismael Maneiro Ferreira		00:41:43	00:41:35	Máster 1	33	M	132		A Coruña	00:04:23	00:26:08	00:41:43
136	2695	Sergio Couto Wornor		00:41:43	00:41:31	Máster 2	44	M	133	HÉRCULES XTRM	A Coruña	00:04:44	00:26:27	00:41:43
137	2001	Uxia Garcia Diaz	AG2018876	00:41:45	00:41:44	Senior	2	F	4		A Coruña	00:04:13	00:26:10	00:41:45
138	2689	Pablo Teijo López		00:41:45	00:41:40	Máster 1	34	M	134	paderne	Betanzos	00:04:14	00:26:17	00:41:45
139	2699	Miguel Conde Mosteiro		00:41:47	00:41:41	Máster 2	45	M	135	RUNNING OLEIROS	Culleredo	00:04:25	00:26:43	00:41:47
140	2503	Roi Barros Corral		00:41:47	00:41:45	Senior	41	M	136	TRISINFRONTERAS	A Coruña	00:04:13	00:26:12	00:41:47
141	2679	Carlos Máiz Manso		00:41:47	00:41:34	Máster 1	35	M	137	CLUB TRIATLON CORUÑA	A Coruña	00:04:43	00:26:26	00:41:47
142	2011	Mónica Mezquita Vázquez		00:41:50	00:41:45	Senior	3	F	5	Nosportlimit	A Coruña	00:04:22	00:26:20	00:41:50
143	2601	Giovani Garcia Estevez		00:41:50	00:41:45	Senior	42	M	138	Nosportlimit	A Coruña	00:04:24	00:26:16	00:41:50
144	2643	Saul Gomez Arroso		00:41:51	00:41:47	Máster 3	14	M	139	RUNNING OLEIROS	A Coruña	00:04:13	00:25:43	00:41:51
145	2668	Juan Galán Presas	AG2021345	00:41:51	00:41:49	Máster 2	46	M	140	CLUB ATLETISMO SADA	A Coruña	00:04:14	00:26:20	00:41:51
146	2473	Gonzalo Sanmartin Montes		00:41:53	00:41:30	Máster 1	36	M	141	cerveceria o coton negreira	A Baña	00:05:03	00:26:44	00:41:53
147	2603	José Roberto Rey Iglesias		00:41:55	00:41:52	Máster 3	15	M	142	Escuela de Atletismo Paula Mayobre	A Coruña	00:04:18	00:26:29	00:41:55
148	2533	Carlos Lema Porteiro		00:41:57	00:41:54	Máster 2	47	M	143	Ad janarchas	Carballo	00:04:04	00:26:09	00:41:57
149	2015	Elena Gonzalez Fernandez	AG2017736	00:41:59	00:41:50	Máster 2	1	F	6	LA MOCHILA DEL DEPORTE	A Coruña	00:04:39	00:26:52	00:41:59
150	3377	Jorge Fandiño Mella		00:41:59	00:41:30	Senior	43	M	144		A Coruña	00:05:03	00:26:52	00:41:59
151	2860	Juan Carlos Vazquez Grela		00:42:01	00:41:51	Máster 1	37	M	145		A Coruña	00:04:24	00:26:21	00:42:01
152	2664	Joseph Kun		00:42:03	00:41:52	Senior	44	M	146		Eatontown	00:04:31	00:26:49	00:42:03
153	3358	Vasco Macieira		00:42:03	00:42:01	Máster 1	38	M	147		S.joão Da Madeira	00:04:08	00:26:06	00:42:03
154	2008	Gloria Rodríguez Fernández		00:42:04	00:42:02	Senior	4	F	7	KITROC RUNNING	Valladolid	00:04:15	00:26:31	00:42:04
155	2681	Adrian Gallego Cid	AG2020844	00:42:04	00:41:58	Máster 1	39	M	148	ATLETISMO FONTES DO SAR	Santiago De Compostela	00:04:28	00:26:19	00:42:04
156	2647	Fernando Tobio Gomez	AG2025414	00:42:07	00:41:59	Máster 1	40	M	149	ATLETISMO FONTES DO SAR	Vedra	00:04:34	00:26:46	00:42:07
157	3415	David López Filgueira		00:42:10	00:41:45	Senior	45	M	150		Ferrol	00:04:52	00:26:46	00:42:10
158	2686	David Nuñez Castillo		00:42:11	00:42:04	Máster 1	41	M	151	KITROC RUNNER	Valladolid	00:04:37	00:26:50	00:42:11
159	2724	Daniel Nogueira Carro		00:42:14	00:42:03	Senior	46	M	152		A Coruña	00:04:39	00:26:55	00:42:14
160	2694	Santiago Gómez Beiro	AG768761	00:42:22	00:42:15	Máster 2	48	M	153	ATLETISMO FONTES DO SAR	Ames	00:04:31	00:26:28	00:42:22
161	2747	Diego P. Casas		00:42:28	00:42:21	Máster 1	42	M	154		Rúa, A	00:04:35	00:26:49	00:42:28
162	2565	Ramon Lopez Roman		00:42:30	00:42:26	Máster 3	16	M	155		A Coruña	00:04:28	00:26:57	00:42:30
163	2655	Luis Enrique Fernandez Rodriguez		00:42:30	00:42:26	Máster 3	17	M	156		A Coruña	00:04:23	00:26:56	00:42:30
164	2631	Pablo Sanxiao Roca		00:42:31	00:42:25	Máster 1	43	M	157	Nosportlimit	A Coruña	00:04:24	00:26:15	00:42:31
165	2861	Alberto Lopez Crespo		00:42:31	00:42:20	Máster 1	44	M	158		A Coruña	00:04:48	00:27:22	00:42:31
166	2487	Javier Areosa Brandon		00:42:34	00:42:32	Máster 2	49	M	159		Arteixo	00:04:03	00:26:23	00:42:34
167	2698	Marcos Otero Penabad		00:42:35	00:42:28	Senior	47	M	160		Viveiro	00:04:21	00:26:24	00:42:35
168	2549	Pablo Prada Hernández		00:42:36	00:42:28	Máster 1	45	M	161		Barco De Valdeorras, O	00:04:46	00:27:14	00:42:36
169	2690	José Enrique Gómez Lopez		00:42:38	00:42:32	Máster 3	18	M	162		A Coruña	00:04:26	00:27:00	00:42:38
170	2007	Noemi Moral Navazo	GA769056	00:42:38	00:42:37	Máster 2	2	F	8	CLUB ATLETISMO SADA	Oleiros	00:04:20	00:26:54	00:42:38
171	2522	Marcos Fernandez Lopez		00:42:39	00:42:36	Máster 1	46	M	163	Marcos Home Fernandez Lopez	Fonsagrada, A	00:04:23	00:26:53	00:42:39
172	2766	Alvaro Gagino Fernandez		00:42:42	00:42:29	Máster 2	50	M	164		A Coruña	00:04:44	00:26:55	00:42:42
173	2768	Esteban Gómez Rguez		00:42:45	00:42:36	Máster 2	51	M	165	PORCOS BRAVOS	Lugo	00:04:40	00:27:01	00:42:45
174	2683	Alfonso Perez Sanfiz		00:42:47	00:42:37	Máster 2	52	M	166	PORCOS BRAVOS	Outeiro De Rei	00:04:40	00:27:01	00:42:47
175	2003	María Pilar Arias Graña		00:42:49	00:42:48	Máster 2	3	F	9		A Coruña	00:04:15	00:26:42	00:42:49

176	2678	Daniel García Fernández		00:42:49	00:42:40	Senior	48	M	167		A Coruña	00:04:38	00:27:02	00:42:49
177	2591	Pablo Rodríguez Alvarez		00:42:54	00:42:50	Máster 2	53	M	168		Vigo	00:04:24	00:26:54	00:42:54
178	2717	Miguel Gómez C		00:42:56	00:42:41	Máster 2	54	M	169		Culleredo	00:04:58	00:27:47	00:42:56
179	2721	Antonio Luis González Fernández	AG2021667	00:42:58	00:42:47	Máster 2	55	M	170	LA MOCHILA DEL DEPORTE	A Coruña	00:04:36	00:26:55	00:42:58
180	2808	Hugo Lopez Muñoz		00:43:02	00:42:54	Máster 2	56	M	171	KITROC RUNNER	Valladolid	00:04:37	00:27:07	00:43:02
181	2726	Diego Calveche Barranco		00:43:05	00:42:58	Senior	49	M	172		Burela	00:04:35	00:27:04	00:43:05
182	2649	Guillermo Mosquera		00:43:07	00:43:02	Senior	50	M	173	TRIATLÓN ARTEIXO	A Coruña	00:04:34	00:27:23	00:43:07
183	2612	Jose Luis López Valcarcel		00:43:08	00:43:02	Máster 3	19	M	174		A Coruña	00:04:29	00:27:07	00:43:08
184	3003	Jose Antonio Mendez Pampin		00:43:09	00:42:50	Máster 4	2	M	175		A Coruña	00:05:49		00:43:09
185	2579	Jose Manuel Blanco Leston		00:43:14	00:43:11	Senior	51	M	176	OLIMPIA	Carnota	00:04:13	00:26:37	00:43:14
186	2745	Daniel Doval Varela		00:43:21	00:43:07	Máster 1	47	M	177		A Coruña	00:04:55	00:28:00	00:43:21
187	2016	Sara Pita González	AG2020317	00:43:21	00:43:12	Senior	5	F	10	LA MOCHILA DEL DEPORTE	Oleiros	00:04:25	00:26:58	00:43:21
188	2920	Alejandro Mahia Rey		00:43:23	00:43:10	Senior	52	M	178		A Coruña	00:04:47	00:27:40	00:43:23
189	2750	Carlos Deza Rodríguez	AG767351	00:43:30	00:43:15	Máster 2	57	M	179	PATUKOS TIM RANIN	Culleredo	00:04:55	00:27:26	00:43:30
190	2006	Silvia Salinas Moreno		00:43:32	00:43:32	Máster 2	4	F	11	SSREYES-CLINICAMENORCA		00:04:30	00:27:41	00:43:32
191	2775	Daniel Pose García		00:43:35	00:43:23	Senior	53	M	180		Cambre	00:04:42	00:27:34	00:43:35
192	2779	Francisco Vazquez Seoane		00:43:37	00:43:27	Máster 1	48	M	181		Cambre	00:04:40	00:27:36	00:43:37
193	2669	José Manuel Pampin Fuciños		00:43:40	00:43:32	Máster 3	20	M	182	Asociación Deportiva Cerne	Melide	00:04:41	00:27:49	00:43:40
194	2554	Xabier Varela López		00:43:40	00:43:32	Máster 2	58	M	183	A.D. Cerne	Melide	00:04:42	00:27:56	00:43:40
195	2673	Daniel Suso Sánchez		00:43:41	00:43:37	Senior	54	M	184		A Coruña	00:04:32	00:27:24	00:43:41
196	2025	Lucía Vázquez Sesar	AG2024970	00:43:41	00:43:37	Senior	6	F	12	Club Atletismo Riazor Coruña	Culleredo	00:04:32	00:27:25	00:43:41
197	2607	Lorenzo Marcos Mato Armas		00:43:41	00:43:32	Máster 3	21	M	185	A. D. Cerne	Palas De Rei	00:04:43	00:27:53	00:43:41
198	2820	Miguel Alvedro Coira		00:43:42	00:43:08	Máster 2	59	M	186		Sada	00:05:28	00:28:04	00:43:42
199	2550	Manuel Otero Gomez		00:43:42	00:43:36	Máster 3	22	M	187	Nosportlimit	Cambre	00:04:42	00:28:03	00:43:42
200	2711	Ivan Estevez Lamas		00:43:43	00:43:36	Senior	55	M	188		Amoeiro	00:04:40	00:27:36	00:43:43
201	2659	Javier Portas Lemus		00:43:44	00:43:36	Máster 2	60	M	189		A Coruña	00:04:39	00:27:46	00:43:44
202	2814	Daniel García Fernández		00:43:44	00:43:17	Senior	56	M	190		Betanzos	00:05:13	00:28:31	00:43:44
203	2628	Pablo Baña Tome		00:43:47	00:43:42	Senior	57	M	191	C.A. OUTES. JOHN-TURKEY	Santa Comba	00:04:26	00:27:18	00:43:47
204	2758	Jose Luis Garcia Rodriguez	AG2017552	00:43:47	00:43:34	Máster 2	61	M	192	CLUB ATLETISMO SADA	Ferrol	00:04:40	00:27:44	00:43:47
205	2719	Francisco Javier Lama Carballo		00:43:51	00:43:39	Máster 3	23	M	193	ATLETISMO CARBALLO	A Coruña	00:04:51	00:27:53	00:43:51
206	2582	Ismael Ponce Pendón		00:43:52	00:43:36	Senior	58	M	194	Club Hércules Termaria	A Coruña	00:05:01	00:28:04	00:43:52
207	2634	Víctor Manuel Francos Vázquez		00:43:53	00:43:45	Máster 2	62	M	195		A Coruña	00:04:29	00:27:21	00:43:53
208	2713	Miguel Angel Vazquez Gonzalez	AG2023352	00:43:54	00:43:46	Máster 1	49	M	196	LA MOCHILA DEL DEPORTE	A Coruña	00:04:30	00:27:26	00:43:54
209	2760	David Viña		00:43:54	00:43:41	Máster 1	50	M	197		Carballo	00:04:55	00:28:08	00:43:54
210	2665	Manuel Bouzas Espasandin	CAG2025019	00:43:55	00:43:49	Máster 1	51	M	198	HÉRCULES ATLETISMO	Laussane	00:04:39	00:27:51	00:43:55
211	2739	Felipe De La Vega Gandaras		00:43:58	00:43:42	Máster 2	63	M	199	Hercules	A Coruña	00:05:05	00:28:18	00:43:58
212	2710	Fernando Seara Sotelo		00:44:00	00:43:54	Máster 2	64	M	200		A Coruña	00:04:37	00:27:34	00:44:00
213	2730	Jesús Vaamonde Rúa		00:44:01	00:43:53	Máster 3	24	M	201		A Coruña	00:04:30	00:27:44	00:44:01
214	2919	Agostiño Reigosa Lombao	GA717137	00:44:04	00:43:53	Senior	59	M	202	ATLETISMO NARON	Lugo	00:04:40	00:27:40	00:44:04
215	2811	David Novo Vicos		00:44:06	00:43:51	Máster 1	52	M	203		Betanzos	00:05:01	00:28:20	00:44:06
216	2416	Lorena Ponte Saavedra	AG2023241	00:44:08	00:43:59	Máster 1	3	F	13	LA MOCHILA DEL DEPORTE	A Coruña	00:04:36	00:26:58	00:44:08
217	2735	Eduardo Perez Diaz		00:44:11	00:44:05	Máster 4	3	M	204		A Coruña	00:04:38	00:27:51	00:44:11
218	2564	Alberto Fernández Muñiz		00:44:15	00:44:06	Máster 2	65	M	205	Nosportlimit	A Coruña	00:04:44	00:28:05	00:44:15
219	2727	Alvaro Barca Buyo		00:44:15	00:44:01	Máster 2	66	M	206		A Coruña	00:04:58	00:28:08	00:44:15

220	2627	Indalecio Viñas Camba		00:44:18	00:44:15	Máster 2	67	M	207	Arbogal Team	Pontevedra	00:04:37	00:28:36	00:44:18
221	2682	Jorge Briones Meijide		00:44:20	00:44:11	Máster 2	68	M	208	RUNGALICIA.COM	A Coruña	00:04:56	00:28:04	00:44:20
222	2749	Tomás González Vidal		00:44:23	00:44:07	Senior	60	M	209		A Coruña	00:05:04	00:28:44	00:44:23
223	2516	Felix Quintans Melendez		00:44:24	00:44:19	Máster 2	69	M	210	San paio	Oleiros	00:04:39	00:27:55	00:44:24
224	2656	Jose Luis Prieto Souto		00:44:29	00:44:24	Máster 3	25	M	211		A Coruña	00:04:34	00:27:52	00:44:29
225	2929	Carlos Anula Rodriguez		00:44:31	00:44:20	Máster 2	70	M	212		Oleiros	00:05:08	00:28:22	00:44:31
226	2795	Ramon Miguel Garcia Barba		00:44:33	00:44:24	Máster 3	26	M	213		A Coruña	00:04:41	00:28:07	00:44:33
227	2910	Miguel Ángel Francisco Fernández		00:44:33	00:44:19	Máster 1	53	M	214		A Coruña	00:04:56	00:28:29	00:44:33
228	2977	Javier Lejo Sierra		00:44:37	00:44:22	Senior	61	M	215		A Coruña	00:04:44	00:27:40	00:44:37
229	2770	Miguel Angel Gómez Carabel		00:44:39	00:44:28	Máster 2	71	M	216		Malpica De Bergantiños	00:04:58	00:28:29	00:44:39
230	2736	Francisco Roca López		00:44:42	00:44:30	Máster 3	27	M	217		Oleiros	00:04:47	00:28:02	00:44:42
231	2687	Jorge Gonzalez Fernandez		00:44:42	00:44:42	Senior	62	M	218	ESPRINTES OURENSE	Ourense	00:04:34	00:28:04	00:44:42
232	2605	Giovanni Quintans Meléndez		00:44:43	00:44:39	Máster 2	72	M	219	CLUB DEPORTIVO SAN PAIO	A Coruña	00:04:38	00:28:06	00:44:43
233	2867	David Prego		00:44:44	00:44:25	Senior	63	M	220		A Coruña	00:05:09	00:28:34	00:44:44
234	2836	Jose Manuel Ourens Pardo	AG2024814	00:44:44	00:44:36	Máster 2	73	M	221	CLUB ATLETISMO SADA	Oleiros	00:04:43	00:28:21	00:44:44
235	2819	Marcos Méndez Bouza		00:44:45	00:44:31	Máster 1	54	M	222		Mondoñedo	00:05:02	00:28:29	00:44:45
236	2733	Manuel Varela Vila		00:44:45	00:44:34	Máster 3	28	M	223	CORREDORES POPULARES ARMADA FERROL	Pontedeume	00:04:44	00:28:01	00:44:45
237	2712	Erik Alfonso Diaz		00:44:45	00:44:41	Máster 1	55	M	224	A.D. LIMIATIVA	Ourense	00:04:18	00:28:01	00:44:45
238	2931	Jose Abella Arcos		00:44:47	00:44:33	Máster 2	74	M	225	correcariño	A Coruña	00:04:45	00:27:56	00:44:47
239	2584	Marcelo Bello Gomez		00:44:49	00:44:42	Máster 3	29	M	226	ATLETAS DE ACEA DE AMA	Culleredo	00:04:42	00:28:09	00:44:49
240	2012	Loreto Herrero Blanco		00:44:50	00:44:46	Máster 2	5	F	14		Santiago De Compostela	00:04:43	00:28:08	00:44:50
241	2937	Jesus Manuel Gomez Fernandez		00:44:50	00:44:37	Máster 4	4	M	227	CD GAS NATURAL FENOSA	Arteixo	00:04:58	00:28:22	00:44:50
242	2806	Javier Montenegro Vázquez		00:44:52	00:44:39	Máster 1	56	M	228	CLUB CASTRO DE LOBADIZ	Ferrol	00:05:03	00:28:50	00:44:52
243	2744	Felix Cantua Guardiola		00:44:53	00:44:53	Máster 3	30	M	229	CLUB ATLETISMO SADA	Oleiros	00:04:48	00:28:15	00:44:53
244	2042	Paula Trillo Calo		00:44:54	00:44:46	Senior	7	F	15	TERRA DE SONEIRA	Vimianzo	00:04:46	00:28:31	00:44:54
245	3376	Manuel Angel Jove Santos		00:44:59	00:44:39	Máster 3	31	M	230		A Coruña	00:05:16	00:28:42	00:44:59
246	2657	Angel Serrano Díaz		00:45:01	00:44:59	Máster 2	75	M	231	SSREYES-CLINICAMENORCA	Alcobendas	00:04:30	00:28:15	00:45:01
247	3338	Rodrigo Maide López		00:45:03	00:44:10	Senior	64	M	232		A Coruña	00:06:27	00:29:35	00:45:03
248	2738	Jorge Cascales Fernandez		00:45:04	00:44:50	Máster 2	76	M	233		Santa Comba	00:04:56	00:28:21	00:45:04
249	2986	Jose Manuel Corbal Deben		00:45:05	00:44:53	Máster 3	32	M	234	CCRIAZOR	A Coruña	00:05:05	00:28:48	00:45:05
250	3050	Alejandro Fernández Martínez		00:45:07	00:44:46	Senior	65	M	235		A Coruña	00:05:10	00:28:44	00:45:07
251	2734	Francisco Del Busto		00:45:09	00:44:54	Máster 2	77	M	236		Cambre	00:04:55	00:28:32	00:45:09
252	2821	Damian Abellan Yepes		00:45:10	00:44:54	Máster 2	78	M	237		A Coruña	00:05:03	00:28:43	00:45:10
253	2888	Alejandro Rodríguez Lorenzo		00:45:11	00:44:50	Máster 2	79	M	238	Nosportlimit	Cambre	00:05:08	00:29:00	00:45:11
254	2792	Luis Manuel Garcia Taboada		00:45:12	00:44:55	Máster 1	57	M	239		Arteixo	00:05:00	00:28:32	00:45:12
255	2672	Francisco Javier Dopico Lopez		00:45:14	00:45:08	Senior	66	M	240		A Coruña	00:04:53	00:28:48	00:45:14
256	2674	Jorge Diaz Villalba		00:45:19	00:45:13	Máster 1	58	M	241	ATLETAS DE ACEA DE AMA	Culleredo	00:04:41	00:28:16	00:45:19
257	2018	Iria Soto Iglesias		00:45:23	00:45:15	Senior	8	F	16		A Coruña	00:04:42	00:28:35	00:45:23
258	2764	Antonio Cosillas Blanco		00:45:23	00:45:11	Máster 2	80	M	242		A Coruña	00:04:42	00:28:38	00:45:23
259	2783	Jacobo Vila Álvarez		00:45:23	00:45:09	Senior	67	M	243		Monforte De Lemos	00:05:02	00:29:40	00:45:23
260	3351	José Crespo Riestra		00:45:25	00:45:06	Máster 3	33	M	244		A Coruña	00:05:05	00:28:46	00:45:25
261	2762	Eduardo Gimeno Hernanz		00:45:26	00:45:18	Máster 2	81	M	245	KITROC RUNNER	Valladolid	00:04:50	00:29:02	00:45:26
262	2893	Pablo González Blanco		00:45:27	00:45:09	Máster 1	59	M	246		Carballo	00:05:18	00:29:16	00:45:27
263	2005	Luz Dominguez Roman	GA840	00:45:27	00:45:24	Máster 3	1	F	17	BURGAS ATLETISMO OURENSE	Ourense	00:04:36	00:28:48	00:45:27

264	2890	Eduardo Jose Estevez Ulloa	AG2025050	00:45:30	00:45:20	Máster 3	34	M	247	CORREDORES DO MIÑO	Pereiro De Aguiar, O	00:05:01	00:28:54	00:45:30
265	2817	Alfonso Vazquez Bergantiños		00:45:30	00:45:22	Máster 2	82	M	248		Culleredo	00:04:32	00:28:18	00:45:30
266	2801	Jose Antonio Fernandez Vázquez		00:45:37	00:45:21	Máster 2	83	M	249		A Coruña	00:05:04	00:28:37	00:45:37
267	2576	Iván Palleiro Pérez		00:45:37	00:45:29	Senior	68	M	250	Garrapucho	A Coruña	00:04:48	00:28:54	00:45:37
268	2705	Alejandro Lois Alvedro		00:45:38	00:45:23	Máster 1	60	M	251	FITRunners	A Coruña	00:05:02	00:29:03	00:45:38
269	2658	José Manuel Patiño Abeijon		00:45:40	00:45:21	Máster 2	84	M	252	NOSPORLIMIT	A Coruña	00:05:05	00:29:01	00:45:40
270	2661	Enrique Rivas Pulpeiro		00:45:40	00:45:21	Senior	69	M	253	Nosportlimit	Cambre	00:05:06	00:29:06	00:45:40
271	2778	Carlos Alvarez Fernandez		00:45:41	00:45:30	Máster 2	85	M	254		O Burgo	00:04:52	00:29:01	00:45:41
272	2911	Marcos Seoane Vilaríño		00:45:41	00:45:22	Máster 2	86	M	255	Nosportlimit	A Coruña	00:05:07	00:29:00	00:45:41
273	2471	Agustin Sousa		00:45:42	00:44:50	Máster 1	61	M	256	Nosportlimit	A Coruña	00:06:23	00:29:58	00:45:42
274	2794	Luis Valdés López		00:45:42	00:45:27	Máster 2	87	M	257	RUNNING OLEIROS	Cambre	00:05:00	00:29:01	00:45:42
275	2650	Jose Luis Pérez Lado		00:45:45	00:45:33	Senior	70	M	258		A Coruña	00:04:58	00:28:54	00:45:45
276	2827	Alberto Cerqueiro Mosquera		00:45:49	00:45:35	Máster 3	35	M	259		Culleredo	00:05:00	00:29:15	00:45:49
277	2791	Adrian Candal Castro		00:45:49	00:45:41	Senior	71	M	260	CLUB ATLETISMO SADA	Sada	00:04:43	00:28:42	00:45:49
278	2037	Geli López Vilas		00:45:50	00:45:42	Máster 3	2	F	18	Running Arteixo	Arteixo	00:04:52	00:28:52	00:45:50
279	2868	Adrián Iglesias Gómez		00:45:51	00:45:38	Senior	72	M	261		Vicedo, O	00:05:07	00:28:49	00:45:51
280	2755	José Sas Golpe		00:45:51	00:45:38	Máster 2	88	M	262	As Mariñas Betanzos	Betanzos	00:05:12	00:29:02	00:45:51
281	2824	Ricardo Área Teijeiro		00:45:56	00:45:46	Máster 2	89	M	263		A Coruña	00:05:00	00:29:10	00:45:56
282	2024	Concha Novais Troncoso		00:45:57	00:45:52	Máster 1	4	F	19	CLUB ATLETISMO SADA	Oleiros	00:04:41	00:28:49	00:45:57
283	2648	David Souto Sanchez		00:45:57	00:45:35	Máster 2	90	M	264	CLUB ATLETISMO SADA	A Coruña	00:05:28	00:29:30	00:45:57
284	2742	Hermes Arnosso Gíao		00:45:59	00:45:40	Senior	73	M	265	Nosportlimit	A Coruña	00:05:09	00:29:05	00:45:59
285	3384	Alvaro Lopez Amor		00:45:59	00:45:39	Senior	74	M	266		Oleiros	00:05:12	00:29:11	00:45:59
286	2031	Amira Simón Martínez		00:45:59	00:45:40	Senior	9	F	20	Nosportlimit	A Coruña	00:05:12	00:29:08	00:45:59
287	2562	Héctor Simón Martínez		00:45:59	00:45:39	Senior	75	M	267	Nosportlimit	A Coruña	00:05:13	00:29:09	00:45:59
288	3458	Angel Santiuste		00:46:00	00:45:40	Máster 3	36	M	268		A Coruña	00:05:15	00:28:55	00:46:00
289	2943	David Ulloa Sobrino		00:46:04	00:45:52	Senior	76	M	269		A Coruña	00:04:49	00:28:41	00:46:04
290	2761	Javier Torres Crespo		00:46:06	00:45:52	Máster 3	37	M	270	LANGOSTEIRA	A Coruña	00:04:55	00:28:57	00:46:06
291	2914	Daniel Guimaré Gonzalez		00:46:12	00:46:03	Máster 3	38	M	271	Archienemigos Team	Tomíño	00:05:15	00:29:40	00:46:12
292	2907	Roberto Pardo López		00:46:16	00:45:59	Máster 2	91	M	272	CLUB OLYMPO AS PONTES	Muras	00:05:15	00:29:22	00:46:16
293	2765	Jose Traba Pérez		00:46:17	00:46:07	Máster 2	92	M	273	Club Hércules Termaria		00:04:57	00:29:15	00:46:17
294	2845	Antonio Aparicio Alvarez		00:46:17	00:46:09	Máster 2	93	M	274	KITROC RUNNER	Arroyo De La Encomienda	00:04:51	00:29:03	00:46:17
295	2703	Iago Crespo Taboada		00:46:18	00:45:54	Senior	77	M	275	CD GAS NATURAL FENOSA	Arteixo	00:05:21	00:29:50	00:46:18
296	3414	Xosé Méndez Pájaro		00:46:24	00:45:58	Sub 20	1	M	276		Santiago De Compostela		00:29:33	00:46:24
297	2862	César Suárez Suárez		00:46:25	00:46:12	Máster 1	62	M	277		Negreira	00:05:04	00:29:44	00:46:25
298	2034	Ana Bernardes		00:46:30	00:46:08	Senior	10	F	21		A Coruña	00:05:22	00:29:42	00:46:30
299	2662	Joaquín Docampo Garcia		00:46:30	00:46:22	Máster 1	63	M	278		Sada	00:04:45	00:29:01	00:46:30
300	2753	Miguel Ángel García Álvarez		00:46:33	00:46:16	Máster 3	39	M	279		A Coruña	00:05:17	00:29:45	00:46:33
301	2732	Xosé Enrique Pujales Martínez	AG2016698	00:46:34	00:46:19	Máster 4	5	M	280	CLUB ATLETISMO BOIMORTO	A Coruña	00:05:16	00:29:43	00:46:34
302	2111	Olga Amado Brea		00:46:38	00:46:28	Senior	11	F	22		A Coruña	00:04:48	00:29:20	00:46:38
303	2825	Adrián Collazo Varela		00:46:38	00:46:22	Senior	78	M	281		Culleredo	00:05:11	00:29:42	00:46:38
304	2597	Carlos Zapatero Mata		00:46:42	00:46:26	Máster 2	94	M	282	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	Teo	00:05:17	00:29:44	00:46:42
305	3064	Carlos Dourito Álvarez		00:46:43	00:46:23	Máster 2	95	M	283	Running Arteixo	A Coruña	00:05:13	00:29:39	00:46:43
306	3176	Luis Alberto Martinez Fernandez		00:46:44	00:45:58	Máster 2	96	M	284		Culleredo	00:06:28	00:30:03	00:46:44
307	3465	Aarón Rivas Suárez		00:46:45	00:46:22	Sub 23	3	U	285			00:05:11	00:29:42	00:46:45

308	2566	Manuel Vazquez Ramos	AG2024664	00:46:45	00:46:38	Máster 2	97	M	286	CLUBE DE ATLETISMO VERXEL NUTRICION DEPORTIVA	Aranga	00:04:51	00:29:27	00:46:45
309	2737	Enrique Griñán Torrado		00:46:46	00:46:33	Máster 2	98	M	287	Nosportlimit	Oleiros	00:04:59	00:29:31	00:46:46
310	2835	Manuel López Roibás		00:46:46	00:46:26	Máster 3	40	M	288		A Coruña	00:05:23	00:29:48	00:46:46
311	2941	José Antonio García Couceiro		00:46:48	00:46:35	Máster 3	41	M	289		Betanzos	00:05:18	00:30:04	00:46:48
312	3416	Iago Souto Lopez		00:46:51	00:46:36	Máster 1	64	M	290	PISCINA+PULPO	A Laracha	00:04:46	00:28:31	00:46:51
313	2834	Jose Francisco Varela Val		00:46:51	00:46:36	Máster 3	42	M	291	CLUB SOCIAL BANCO PASTOR	A Coruña	00:05:06	00:29:38	00:46:51
314	3058	Humberto Alfonso Díaz		00:46:52	00:46:31	Senior	79	M	292	CD Equilibrium running	Arteixo	00:05:11	00:29:39	00:46:52
315	2851	Juan Vizcaino Gonzalez		00:46:53	00:46:26	Máster 2	99	M	293		A Coruña	00:05:47	00:30:27	00:46:53
316	2519	Martin Barbeito Longarela		00:46:54	00:46:49	Senior	80	M	294	Barbeito	A Coruña	00:04:49	00:29:55	00:46:54
317	3081	Andrés Castro Lago		00:46:54	00:46:28	Máster 2	100	M	295		Mugardos	00:05:42	00:29:54	00:46:54
318	2823	Manuel Julio Suarez Martin		00:46:55	00:46:43	Máster 3	43	M	296		A Coruña	00:04:57	00:29:43	00:46:55
319	2864	Sergio Diaz Rodríguez		00:46:56	00:46:42	Máster 1	65	M	297	Escuela paula mayobre	Ares	00:04:59	00:29:45	00:46:56
320	2019	Laura Núñez Naveira		00:47:01	00:46:53	Máster 1	5	F	23		A Coruña	00:05:05	00:29:47	00:47:01
321	2062	Aya Sueiro Garcia		00:47:01	00:46:49	Máster 2	6	F	24		Oleiros	00:05:07	00:29:25	00:47:01
322	2701	Julio Suarez Vazquez		00:47:03	00:46:58	Máster 4	6	M	298		A Coruña	00:04:56	00:29:19	00:47:03
323	2927	Jose Lopez Aneiros		00:47:03	00:46:52	Máster 3	44	M	299	INDEPENDIENTE	Ferrol	00:04:56	00:29:31	00:47:03
324	2995	Jose Manuel Marcote Lago		00:47:04	00:46:10	Máster 2	101	M	300	RUNNING OLEIROS	Narón	00:05:50	00:30:11	00:47:04
325	2855	Oscar Herbon Pazos		00:47:05	00:46:56	Sub 23	4	M	301	ATLETISMO RIAZOR	Cambre	00:04:52	00:29:29	00:47:05
326	2892	Juan Perez Ferreiro		00:47:05	00:46:55	Máster 1	66	M	302		A Coruña	00:04:50	00:28:53	00:47:05
327	3417	Antonio Rodriguez Terrado		00:47:05	00:46:28	Senior	81	M	303		Oleiros	00:05:55	00:29:55	00:47:05
328	2883	Adolfo Garcia Alonso		00:47:05	00:46:55	Máster 1	67	M	304		Vigo	00:04:52	00:29:32	00:47:05
329	3096	Carlos Argibay Fernández		00:47:06	00:46:35	Senior	82	M	305		A Coruña	00:05:44	00:30:00	00:47:06
330	2878	Jose María Guerrero Moreno		00:47:08	00:46:49	Senior	83	M	306	55 MINUTOS	Cádiz	00:05:12	00:29:45	00:47:08
331	2976	Lorenzo Capllonch Casteleiro		00:47:08	00:46:47	Máster 2	102	M	307	CLUB ATLETISMO SADA	Sada	00:05:23	00:30:02	00:47:08
332	2771	Juan José Gómez Negreira		00:47:08	00:46:52	Máster 2	103	M	308	TRIATLON CORUÑA	A Coruña	00:05:22	00:30:17	00:47:08
333	2815	Borja Santos-díez Vázquez	GA768935	00:47:08	00:46:52	Senior	84	M	309	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	Baiona	00:05:03	00:30:11	00:47:08
334	2017	Carolina Garcia Gonzalez		00:47:10	00:46:52	Máster 1	6	F	25	Nosportlimit	Oleiros	00:05:07	00:29:24	00:47:10
335	3144	Javier Vidal Miguelez		00:47:12	00:46:48	Máster 1	68	M	310	Ad.cerne	Melide	00:05:15	00:29:44	00:47:12
336	2966	Ángel Rodríguez Lado		00:47:13	00:46:51	Sub 23	5	M	311		A Coruña	00:05:02	00:29:44	00:47:13
337	2542	Carlos Cobelo Diaz		00:47:13	00:47:07	Senior	85	M	312		A Coruña	00:05:16	00:30:07	00:47:13
338	2873	Jose Gonzalez Salgado		00:47:15	00:46:47	Máster 2	104	M	313	A.D. Cerne	Melide	00:05:28	00:30:24	00:47:15
339	2948	David Couto Blanco		00:47:16	00:46:44	Máster 1	69	M	314	TARTARUGAS	Zas	00:05:44	00:30:36	00:47:16
340	2951	Héctor Fraga López		00:47:19	00:46:42	Máster 1	70	M	315		A Coruña	00:05:50	00:30:18	00:47:19
341	2802	José Luis Mella Maroño		00:47:19	00:47:03	Máster 2	105	M	316		A Coruña	00:05:18	00:30:08	00:47:19
342	2863	Diego Diaz Rodríguez		00:47:20	00:47:07	Máster 1	71	M	317		Mugardos	00:04:57	00:29:48	00:47:20
343	3400	Jose Luis Mancebo Iglesias		00:47:23	00:46:32	Máster 3	45	M	318		A Coruña	00:06:28	00:30:36	00:47:23
344	3457	Jaime Santiago Pardo Rodríguez		00:47:23	00:47:08	Máster 3	46	M	319		A Coruña	00:05:05	00:29:54	00:47:23
345	3332	Juan Carlos Vazquez Gomez		00:47:26	00:47:06	Máster 2	106	M	320		A Coruña	00:05:27	00:30:19	00:47:26
346	2956	Rafael Perez Chans		00:47:26	00:47:08	Senior	86	M	321		A Coruña	00:05:20	00:30:40	00:47:26
347	2859	Iván Lopez Romero		00:47:27	00:47:12	Senior	87	M	322		Zas	00:05:09	00:29:57	00:47:27
348	2571	Alberto Castelo Sanchez		00:47:28	00:47:14	Máster 2	107	M	323		Cambre	00:04:59	00:29:33	00:47:28
349	2652	Luis Ángel Castelo Sánchez		00:47:28	00:47:16	Máster 2	108	M	324		A Coruña	00:04:56	00:29:32	00:47:28
350	2048	Patricia Suso Sanchez	AG2022495	00:47:29	00:47:21	Sub 23	1	F	26	CLUB ATLETISMO SANTIAGO	A Coruña	00:05:00	00:29:59	00:47:29
351	2930	Jorge Franco Ferrando		00:47:30	00:47:16	Máster 1	72	M	325		A Coruña	00:05:14	00:30:50	00:47:30



352	2884	Francisco Javier Martínez Santos		00:47:31	00:47:17	Máster 2	109	M	326		A Coruña	00:05:02	00:29:51	00:47:31
353	2040	Ana Hernández Cabrera		00:47:32	00:47:29	Máster 2	7	F	27		Betanzos	00:04:55	00:29:58	00:47:32
354	2822	Gerardo Mariño Balsa		00:47:33	00:47:17	Máster 1	73	M	327		Arteixo	00:04:55	00:29:25	00:47:33
355	2897	Jose Ramon Conde Torres	GA769000	00:47:33	00:47:23	Máster 4	7	M	328	C.A.R. MARISQUEIRO	Porriño, O	00:05:28	00:30:15	00:47:33
356	2789	David Iglesias Rigueira		00:47:34	00:47:22	Máster 1	74	M	329	Run4one	A Coruña	00:04:55	00:30:13	00:47:34
357	2653	José Miguel González González		00:47:34	00:47:26	Máster 2	110	M	330	XINO-XANO	A Coruña	00:05:04	00:29:46	00:47:34
358	2950	Miguel Angel Lucas Pardo		00:47:38	00:47:24	Máster 2	111	M	331		Culleredo	00:05:21	00:30:44	00:47:38
359	2047	Marta Gil Fernández		00:47:38	00:47:33	Senior	12	F	28		A Coruña	00:05:11	00:30:21	00:47:38
360	2763	Juan Cruz Carretero		00:47:41	00:46:41	Senior	88	M	332		A Coruña	00:05:56	00:30:19	00:47:41
361	2886	Jose González Blanco		00:47:42	00:47:32	Senior	89	M	333		Carballo	00:04:55	00:30:06	00:47:42
362	2777	Héctor Santos López		00:47:43	00:47:25	Senior	90	M	334		Sada	00:05:35	00:30:56	00:47:43
363	2029	Maite Salgado Albores		00:47:44	00:47:30	Máster 1	7	F	29		A Coruña	00:05:08	00:30:13	00:47:44
364	2885	Jose Maria Sanchez Parada		00:47:46	00:47:38	Máster 1	75	M	335		Arteixo	00:04:52	00:29:43	00:47:46
365	3392	Cristian Calvo Gonzalez	AG2023276	00:47:48	00:47:39	Senior	91	M	336	Clube Atletismo Fene	Fene	00:04:43	00:29:47	00:47:48
366	2810	Gonzalo Pena Buján		00:47:49	00:47:32	Máster 1	76	M	337		A Coruña	00:05:15	00:30:18	00:47:49
367	2988	Ricardo Patiño Gestal		00:47:51	00:47:34	Máster 3	47	M	338		A Coruña	00:05:24	00:30:38	00:47:51
368	2666	Eduardo Barcos Pereira		00:47:54	00:47:16	Máster 2	112	M	339	C.D. OS MUDITOS	Carballo	00:06:20	00:30:58	00:47:54
369	2599	José París López		00:47:55	00:47:47	Máster 1	77	M	340		Abegondo	00:05:20	00:31:40	00:47:55
370	3241	Diego Pedreira Fernandez		00:47:56	00:47:18	Máster 2	113	M	341		A Coruña	00:05:54	00:30:57	00:47:56
371	3072	Francisco Fernandez Sanchez		00:47:57	00:47:19	Senior	92	M	342		Carballo	00:06:21	00:30:56	00:47:57
372	3088	Nacho Contenta Abad		00:48:02	00:47:41	Máster 1	78	M	343		A Coruña	00:05:32	00:30:32	00:48:02
373	2068	Pilar Barreiro Senra		00:48:03	00:47:53	Máster 2	8	F	30	CLUB ATLETISMO SADA	A Coruña	00:05:07	00:30:30	00:48:03
374	2675	Angel Juvino Prego		00:48:04	00:47:58	Máster 2	114	M	344	Dream Team	A Coruña	00:05:00	00:30:43	00:48:04
375	2962	Fermin Pan Otero	AG7444	00:48:05	00:47:45	Máster 4	8	M	345	EGOVARROS DE VIVEIRO	A Coruña	00:05:19	00:30:34	00:48:05
376	2075	Mirian Ripoll Pernas	GA768824	00:48:05	00:47:55	Máster 3	3	F	31	CLUB ATLETISMO SADA	A Coruña	00:05:01	00:30:12	00:48:05
377	2741	Antonio Cambados Gondar		00:48:08	00:48:01	Senior	93	M	346		Grove, O	00:05:12	00:30:41	00:48:08
378	3047	Javier Alvario Garrote		00:48:08	00:47:37	Senior	94	M	347		As Somozas	00:05:43	00:31:05	00:48:08
379	2841	Rafael Pena Fernandez		00:48:08	00:47:37	Máster 2	115	M	348	Marraners	Arteixo	00:05:42	00:31:04	00:48:08
380	3279	Luis Pais		00:48:09	00:47:39	Senior	95	M	349		Estrada, A	00:05:37	00:30:51	00:48:09
381	2716	Jorge Paz Amado		00:48:09	00:47:46	Máster 2	116	M	350		A Coruña	00:05:30	00:30:27	00:48:09
382	2923	Ramón García-barros Alfonso		00:48:09	00:48:00	Máster 3	48	M	351		Oleiros	00:04:55	00:30:09	00:48:09
383	2979	Jorge Jose Rico Rico		00:48:11	00:47:41	Máster 2	117	M	352		Paderne	00:05:28	00:30:52	00:48:11
384	2812	Roberto Ponte Noya		00:48:11	00:47:57	Máster 1	79	M	353		A Coruña	00:04:55	00:30:11	00:48:11
385	2891	José Luis Simoes Fernández		00:48:12	00:48:02	Máster 3	49	M	354		Vigo	00:05:26	00:30:23	00:48:12
386	3296	Iván Álvarez Losada		00:48:13	00:47:56	Senior	96	M	355	FitRunners	A Coruña	00:05:17	00:31:04	00:48:13
387	2809	Enrique Gandara Ulloa		00:48:13	00:47:53	Máster 3	50	M	356	ATLETAS DE ACEA DE AMA	Cambre	00:05:22	00:30:42	00:48:13
388	2909	German Rojo Castro		00:48:13	00:47:26	Máster 2	118	M	357		A Coruña	00:06:23	00:31:20	00:48:13
389	2942	Joaquín Pampin Barreiro		00:48:16	00:48:03	Máster 1	80	M	358		A Coruña	00:05:11	00:30:30	00:48:16
390	2847	Sergio Rial Rodriguez		00:48:17	00:48:00	Máster 2	119	M	359		A Coruña	00:05:28	00:30:30	00:48:17
391	2898	Jose Martínez Caamaño		00:48:17	00:48:01	Máster 1	81	M	360		A Coruña	00:05:04	00:30:06	00:48:17
392	2996	José Antonio Martínez Lema		00:48:18	00:47:52	Máster 2	120	M	361		A Coruña	00:05:35	00:30:53	00:48:18
393	3333	Christian Miguel Garcia Martinez		00:48:19	00:47:50	Senior	97	M	362		A Coruña	00:05:56	00:31:25	00:48:19
394	2921	Javier Lourido Martínez		00:48:22	00:48:03	Senior	98	M	363		Sada	00:05:19	00:30:56	00:48:22
395	2663	Pablo Seivane Vior	GA764899	00:48:23	00:47:25	Máster 2	121	M	364	RUNAWAYS (RUNNING CLUB FOR GENTLEMEN)	A Coruña	00:06:28	00:31:16	00:48:23

396	2838	Juan Ramos Diez		00:48:24	00:48:02	Senior	99	M	365		A Coruña	00:05:19	00:30:39	00:48:24
397	2906	Javier De La Viuda Iglesias		00:48:25	00:48:10	Máster 2	122	M	366		A Coruña	00:05:25	00:30:50	00:48:25
398	3406	Mario Canosa Gonzalez		00:48:25	00:47:46	Máster 2	123	M	367		A Coruña	00:05:48	00:31:05	00:48:25
399	2963	Francisco Javier Queiruga Souto		00:48:27	00:47:49	Senior	100	M	368		Culleredo	00:06:07	00:31:33	00:48:27
400	2831	Evaristo Gonzalez Jorge		00:48:29	00:48:08	Máster 2	124	M	369		Oleiros	00:05:24	00:31:19	00:48:29
401	2709	Mauricio Gil Barahona		00:48:30	00:48:01	Máster 1	82	M	370		Coslada	00:05:37	00:30:03	00:48:30
402	2925	Juan Ignacio Paleo Vieito		00:48:30	00:48:00	Máster 1	83	M	371		A Coruña	00:05:44	00:31:10	00:48:30
403	2049	Lucia Fernandez Blanco		00:48:30	00:48:22	Senior	13	F	32		Ponferrada	00:05:08	00:30:48	00:48:30
404	2960	Manuel Outes Paz		00:48:31	00:48:12	Máster 4	9	M	372		Carballo	00:05:17	00:30:51	00:48:31
405	2945	Sergio Noguero Urrutia		00:48:34	00:48:02	Máster 2	125	M	373	Nosportlimit	A Coruña	00:05:40	00:30:51	00:48:34
406	2846	Santiago Simon Cuadrado		00:48:37	00:48:17	Máster 3	51	M	374		A Coruña	00:05:13	00:30:11	00:48:37
407	3346	Angel Espada Iglesias		00:48:38	00:48:26	Máster 1	84	M	375		A Coruña	00:05:05	00:29:32	00:48:38
408	2063	Beatriz Muíño Vidal		00:48:39	00:48:24	Senior	14	F	33		A Coruña	00:05:02	00:30:19	00:48:39
409	2065	Marta Muíño Vidal		00:48:39	00:48:24	Senior	15	F	34		A Coruña	00:05:02	00:30:24	00:48:39
410	3078	Raimundo Otero Guldris		00:48:40	00:48:24	Máster 1	85	M	376		A Coruña	00:05:33	00:30:59	00:48:40
411	2940	Jose Maria Peleteiro Estevez		00:48:43	00:47:53	Máster 3	52	M	377		Pontevedra	00:06:21	00:31:55	00:48:43
412	2053	Angeles Castro Fernandez		00:48:43	00:48:34	Máster 2	9	F	35	CLUB ATLETISMO SADA	A Coruña	00:05:09	00:30:45	00:48:43
413	3004	Antonio Martí Navarro		00:48:44	00:48:22	Máster 2	126	M	378	RUNNERS CIUTAT DE VALENCIA	Valencia	00:05:42	00:31:18	00:48:44
414	2129	Mari Carmen Rodríguez Golan	AG2022927	00:48:46	00:48:22	Máster 2	10	F	36	A.D. DOWNHILL	A Laracha	00:05:33	00:31:11	00:48:46
415	2740	Miguel Rodríguez Rodríguez		00:48:46	00:48:14	Senior	101	M	379		Bergondo	00:05:28	00:28:56	00:48:46
416	2989	Miguel Pardo Pereira		00:48:46	00:48:22	Máster 1	86	M	380		A Coruña	00:05:46	00:31:34	00:48:46
417	2748	Jose Castelo		00:48:47	00:48:32	Máster 2	127	M	381		A Coruña	00:05:31	00:30:35	00:48:47
418	2974	Javier Perras Pardo		00:48:47	00:47:53	Máster 1	87	M	382	RUNNING OLEIROS	Fene	00:05:50	00:30:40	00:48:47
419	3020	Borja Arruñada Pardo		00:48:48	00:48:20	Máster 2	128	M	383		Arteixo	00:05:47	00:31:12	00:48:48
420	2828	Jose Ignacio Ares Ferreiro		00:48:49	00:48:31	Máster 4	10	M	384		A Coruña	00:05:21	00:30:48	00:48:49
421	3026	Carlos Adrian Caruso Torrisi		00:48:52	00:48:14	Máster 2	129	M	385	AD MEDIA DUCIA	Carballo	00:06:20	00:30:57	00:48:52
422	2022	Victoria López Permuy		00:48:53	00:48:43	Máster 2	11	F	37	Hércules Termaria	A Coruña	00:04:57	00:30:42	00:48:53
423	3080	Oscar Hernandez Acevedo		00:48:54	00:48:30	Máster 1	88	M	386		Oaxaca	00:05:58	00:31:49	00:48:54
424	2035	Iria Aldao Prada	AG2024030	00:48:54	00:48:43	Máster 1	8	F	38	CLUB ATLETISMO SADA	A Coruña	00:05:00	00:30:37	00:48:54
425	2939	Victor Hugo Conde Lopez		00:48:57	00:48:56	Máster 2	130	M	387	A.D. Olimpia	Arteixo	00:04:22	00:30:38	00:48:57
426	2972	Carlos Pinacho Lastres		00:48:57	00:48:25	Máster 2	131	M	388	FAGERHULT - BROZA DO BOSQUE	Cambre	00:05:48	00:31:06	00:48:57
427	3023	Juan Carlos Porto Lopez		00:48:59	00:48:21	Máster 2	132	M	389		Ares	00:05:53	00:31:33	00:48:59
428	2998	José Ramón Castelo Toba		00:49:00	00:48:29	Máster 1	89	M	390		Arteixo	00:05:48	00:31:19	00:49:00
429	2045	Susana Parguñá Fernandez	GA765964	00:49:01	00:48:57	Máster 3	4	F	39	EGOVARROS DE VIVEIRO	A Coruña	00:04:52	00:30:43	00:49:01
430	2052	Marta Rúa Lopez		00:49:02	00:48:21	Máster 2	12	F	40		Culleredo	00:06:15	00:31:26	00:49:02
431	2798	Pablo Rodríguez-vellando		00:49:02	00:48:17	Máster 2	133	M	391	Maistrote	Sada	00:05:54	00:31:25	00:49:02
432	2903	Javier Río Rodríguez		00:49:04	00:48:55	Máster 3	53	M	392		Carballo	00:04:55	00:30:24	00:49:04
433	2993	Liam Groarke		00:49:05	00:48:35	Máster 1	90	M	393		A Coruña	00:05:54	00:31:15	00:49:05
434	2991	Enrique Arias Graña		00:49:05	00:48:56	Máster 2	134	M	394		A Coruña	00:04:47	00:30:33	00:49:05
435	3011	Jose Pereiro Taibo		00:49:06	00:48:36	Máster 2	135	M	395	MIXMASTER RUNNING	Culleredo	00:05:59	00:32:22	00:49:06
436	2781	Juan Carlos Araujo		00:49:07	00:48:42	Máster 2	136	M	396	TRIGR8	A Coruña	00:05:40	00:31:34	00:49:07
437	2084	Tamara Pacios Rodríguez		00:49:07	00:48:39	Máster 1	9	F	41		Ponferrada	00:05:48	00:31:34	00:49:07
438	3068	Pablo Souto Salgado		00:49:07	00:48:42	Sub 23	6	M	397	CLUB ATLETISMO CORUÑA COMARCA	A Coruña	00:05:46	00:31:44	00:49:07
439	2696	Miguel Angel Carreira Garcia		00:49:07	00:49:00	Máster 2	137	M	398	Zapatilla Veloz	Aranga	00:04:59	00:30:47	00:49:07

440	2915	Javier Grueiro Bouza		00:49:09	00:48:55	Máster 3	54	M	399		A Coruña	00:05:03	00:30:49	00:49:09
441	2780	Luis Rodriguez Trigo		00:49:11	00:48:41	Máster 2	138	M	400		Culleredo	00:05:40	00:31:01	00:49:11
442	2787	Juan Cacharrón Camino		00:49:12	00:48:41	Máster 2	139	M	401		A Coruña	00:05:43	00:30:59	00:49:12
443	3418	Alberto Amador Neira		00:49:13	00:48:18	Senior	102	M	402		Ferrol	00:06:28	00:31:53	00:49:13
444	2092	Maca Alonso Fernandez		00:49:14	00:48:57	Máster 2	13	F	42		A Coruña	00:05:37	00:31:29	00:49:14
445	2856	Tomas Alvarez Primo		00:49:14	00:48:56	Máster 2	140	M	403		A Coruña	00:05:37	00:31:30	00:49:14
446	3008	Jose Luis Penalta Datorre		00:49:14	00:48:45	Máster 3	55	M	404		A Coruña	00:05:44	00:31:20	00:49:14
447	2865	Juan J Barreiro Pérez		00:49:15	00:49:05	Máster 2	141	M	405		A Coruña	00:05:10	00:30:38	00:49:15
448	2965	Víctor Núñez Rodríguez		00:49:16	00:48:52	Máster 2	142	M	406	C.B. Xerión. Sección Trotadas de Barrio	A Coruña	00:05:47	00:31:08	00:49:16
449	3013	Alberto Pedreira Fernandez		00:49:16	00:48:52	Máster 2	143	M	407		A Coruña	00:05:42	00:31:23	00:49:16
450	3067	Carlos Garcia Carballo		00:49:18	00:48:52	Máster 1	91	M	408		A Coruña	00:05:19	00:30:55	00:49:18
451	2088	Alba Losada Duran		00:49:19	00:48:54	Senior	16	F	43		A Coruña	00:05:49	00:31:45	00:49:19
452	2680	Manuel Garcia Edreira		00:49:20	00:49:04	Máster 2	144	M	409	Manuel F.C.	A Coruña	00:05:28	00:31:02	00:49:20
453	3114	Jose Santiago Carvallo Caveno		00:49:20	00:49:04	Máster 2	145	M	410		A Coruña	00:05:27	00:31:02	00:49:20
454	3049	Miguel Ruiz Esteras		00:49:20	00:48:56	Senior	103	M	411		A Coruña	00:05:46	00:31:47	00:49:20
455	2077	Patricia Pertierra Castaño		00:49:23	00:49:14	Máster 2	14	F	44	CLUB ATLETISMO SADA	Oleiros	00:05:10	00:31:06	00:49:23
456	2837	Alexandre Veira Rodríguez		00:49:24	00:49:01	Máster 1	92	M	412		A Coruña	00:05:27	00:31:22	00:49:24
457	3422	Orlando Vázquez López		00:49:25	00:48:54	Senior	104	M	413		A Coruña	00:05:42	00:31:38	00:49:25
458	2553	Alejandro Rodriguez Fraguela		00:49:25	00:49:01	Senior	105	M	414	Club Natación Liceo	A Coruña	00:05:56	00:33:37	00:49:25
459	3171	César Vázquez Sobrino		00:49:26	00:48:37	Máster 2	146	M	415		Oleiros	00:06:20	00:31:24	00:49:26
460	3205	Luis Enrique Quesada Bravo		00:49:29	00:49:05	Senior	106	M	416	Cross Agra	A Coruña	00:05:42	00:31:38	00:49:29
461	2971	Juan Pedro Vigo Sanz		00:49:31	00:49:20	Máster 3	56	M	417		Santiago De Compostela	00:04:56	00:31:03	00:49:31
462	3290	José Emilio Martínez Suárez		00:49:31	00:48:55	Máster 2	147	M	418		A Coruña	00:05:46	00:31:01	00:49:31
463	2629	Álvaro Xosé Carreira Manso		00:49:32	00:49:00	Senior	107	M	419		Culleredo	00:05:49	00:31:55	00:49:32
464	3040	Emilio Alcalá-zamora Canel		00:49:32	00:49:00	Máster 3	57	M	420		A Coruña	00:05:48	00:31:52	00:49:32
465	3031	Fernando Amaiz Rubio		00:49:33	00:49:23	Máster 3	58	M	421			00:05:25	00:31:49	00:49:33
466	3098	Jaime Concheiro Fernandez		00:49:35	00:49:20	Máster 2	148	M	422		A Coruña	00:05:19	00:31:18	00:49:35
467	2957	Juan González Blanco		00:49:39	00:49:10	Máster 2	149	M	423		A Coruña	00:05:49	00:31:30	00:49:39
468	3103	Jose Manuel Martinez Martinez		00:49:40	00:49:20	Máster 2	150	M	424	S2M	Vilanova De Arousa	00:05:23	00:31:16	00:49:40
469	2954	Daniel Meizoso Figueroa		00:49:40	00:48:48	Senior	108	M	425	INDEPENDIENTE	A Coruña	00:06:39	00:31:31	00:49:40
470	3137	Antonio José Leiras Martínez		00:49:42	00:49:15	Senior	109	M	426	HÉRCULES ATLETISMO	Viveiro	00:05:53	00:31:43	00:49:42
471	3100	Manuel Angel Linares Franco		00:49:42	00:49:13	Máster 2	151	M	427		A Coruña	00:05:43	00:31:47	00:49:42
472	2983	Javier Alvarez Perez		00:49:43	00:49:12	Senior	110	M	428		Arteixo	00:05:42	00:31:18	00:49:43
473	2952	José Ignacio Sánchez García		00:49:46	00:49:32	Máster 2	152	M	429		Culleredo	00:05:23	00:30:46	00:49:46
474	3405	Carlos Gil Losada		00:49:49	00:49:25	Senior	111	M	430		A Coruña	00:05:46	00:31:58	00:49:49
475	3099	Ramon Devesa		00:49:49	00:49:32	Máster 2	153	M	431		A Coruña	00:05:21	00:31:21	00:49:49
476	2767	David Yáñez Martínez		00:49:50	00:49:33	Máster 1	93	M	432		Miño	00:05:18	00:32:25	00:49:50
477	2832	David Escudero Dans		00:49:52	00:49:28	Máster 2	154	M	433	Hercules Termaria	A Coruña	00:05:37	00:31:19	00:49:52
478	2992	Juan Manuel Álvaro Francés		00:49:54	00:49:34	Máster 2	155	M	434		Madrid	00:05:32	00:31:35	00:49:54
479	2887	Tomas Ruiz Bujan		00:49:55	00:49:43	Máster 3	59	M	435		A Coruña	00:05:11	00:31:06	00:49:55
480	2067	Elizabeth O'brien		00:49:55	00:49:43	Senior	17	F	45		Palatine	00:05:12	00:31:07	00:49:55
481	3396	Angel Rico Diaz		00:49:56	00:49:24	Máster 1	94	M	436		A Coruña	00:06:08	00:31:58	00:49:56
482	2060	María Fraga Rivas		00:49:57	00:49:38	Senior	18	F	46		A Coruña	00:05:34	00:31:46	00:49:57
483	2102	Isabel Cabanas Campelo		00:49:58	00:49:45	Máster 1	10	F	47		A Coruña	00:05:11	00:31:05	00:49:58

484	2842	Alberto Miniño Oujo		00:49:59	00:49:20	Máster 1	95	M	437	C.D. GAS NATURAL FENOSA	Arteixo	00:05:49	00:31:57	00:49:59
485	2902	Pedro Peteiro Rosende	AG2016168	00:50:02	00:49:48	Máster 2	156	M	438	RUNNING OLEIROS	Aranga	00:05:17	00:31:33	00:50:02
486	2870	José M Sande Gil		00:50:04	00:49:25	Máster 2	157	M	439		A Coruña	00:06:26	00:32:32	00:50:04
487	3424	Antonio Pazos Lopez		00:50:06	00:49:38	Senior	112	M	440		A Coruña	00:05:14	00:30:05	00:50:06
488	2782	Jorge Blanco Fernandez		00:50:07	00:49:56	Máster 2	158	M	441		A Coruña	00:05:02	00:31:46	00:50:07
489	2086	Cristina García González		00:50:07	00:49:56	Senior	19	F	48	Nosportlimit	A Coruña	00:05:21	00:31:55	00:50:07
490	2030	Isabel Ubide Ruiz		00:50:08	00:50:00	Máster 3	5	F	49	GRUPO OASIS TRES CANTOS	Tres Cantos	00:04:58	00:31:00	00:50:08
491	3052	Luis Pita Andreu		00:50:09	00:49:45	Máster 2	159	M	442		A Coruña	00:05:43	00:31:57	00:50:09
492	3032	Santiago Bort Couceiro		00:50:10	00:49:49	Máster 2	160	M	443		A Coruña	00:05:46	00:32:02	00:50:10
493	2790	Juan David Ruiz Piñeiro		00:50:11	00:49:32	Senior	113	M	444		A Coruña	00:06:16	00:32:38	00:50:11
494	3156	José Manuel Cambón Rey		00:50:11	00:49:30	Máster 2	161	M	445		A Laracha	00:06:26	00:33:04	00:50:11
495	3001	Manuel Rodriguez Rodríguez		00:50:12	00:49:39	Senior	114	M	446		Sada	00:05:29	00:31:22	00:50:12
496	3129	José Manuel López Duarte		00:50:14	00:49:53	Máster 1	96	M	447		A Coruña	00:05:28	00:31:21	00:50:14
497	3316	Francisco Adrián Jurado López		00:50:14	00:49:44	Senior	115	M	448		Oleiros	00:05:41	00:31:21	00:50:14
498	3025	Jose Alberto Vidal Fraga		00:50:16	00:49:46	Máster 2	162	M	449		A Coruña	00:05:48	00:32:08	00:50:16
499	2807	Manuel Lopez Cascallar		00:50:17	00:50:07	Máster 1	97	M	450		A Coruña	00:05:17	00:31:34	00:50:17
500	3147	Carlos Torreiro		00:50:18	00:49:47	Máster 2	163	M	451		A Coruña	00:05:59	00:32:13	00:50:18
501	3018	Jose Francisco Ferreres Gayoso		00:50:19	00:49:53	Máster 2	164	M	452		Betanzos	00:05:44	00:31:40	00:50:19
502	3436	Alexis Fernández Ferrera		00:50:19	00:50:19	Máster 2	165	M	453		A Coruña	00:00:19	00:14:21	00:50:19
503	3146	Gabriel Barrado Mondelo		00:50:20	00:49:58	Máster 2	166	M	454	Piscina con Pulpo	A Coruña	00:05:08	00:31:22	00:50:20
504	3006	Jose Angel Lorenzo Riveiro		00:50:21	00:49:59	Máster 2	167	M	455		Culleredo	00:05:20	00:31:05	00:50:21
505	2123	Maria Lopez Cedron		00:50:21	00:50:11	Máster 2	15	F	50		A Coruña	00:04:56	00:31:27	00:50:21
506	2756	Yago Dopazo Penín		00:50:23	00:49:24	Senior	116	M	456		A Coruña	00:06:45	00:32:49	00:50:23
507	2933	Diego Sánchez Cal		00:50:27	00:50:15	Senior	117	M	457		Abegondo	00:05:09	00:31:41	00:50:27
508	2999	Juan Ignacio Carretero		00:50:27	00:49:27	Senior	118	M	458		A Coruña	00:06:00	00:30:47	00:50:27
509	2830	Dositeo Pena Gómez		00:50:27	00:49:26	Máster 2	168	M	459		Santiago De Compostela	00:06:36	00:32:29	00:50:27
510	2076	María Cristina Nanín López	AG766345	00:50:30	00:50:16	Máster 3	6	F	51	ATLETAS VETERANOS OURENSE	Ourense	00:05:29	00:32:13	00:50:30
511	3459	Henrique Hortas López		00:50:32	00:49:46	Máster 2	169	M	460		A Coruña	00:06:10	00:32:02	00:50:32
512	2961	Jose Ferreirós Fernández		00:50:37	00:50:09	Máster 2	170	M	461	TARTARUGAS	Santiago De Compostela	00:05:47	00:32:31	00:50:37
513	3141	Enrique Fernández Rosado		00:50:39	00:50:16	Máster 2	171	M	462		A Coruña	00:05:34	00:32:02	00:50:39
514	2043	Pilar Marquiz Hernandez		00:50:39	00:50:30	Máster 4	1	F	52	CLUB ATLETISMO SADA	A Coruña	00:05:08	00:31:37	00:50:39
515	3194	Ramón Rodríguez Roca		00:50:40	00:49:55	Senior	119	M	463		A Coruña	00:06:30	00:32:46	00:50:40
516	3014	Fernando Díaz Pardo		00:50:41	00:50:18	Máster 2	172	M	464	CLUB ATLETISMO SADA	Sada	00:05:57	00:32:56	00:50:41
517	2087	Paula López Senín		00:50:44	00:50:19	Máster 1	11	F	53		Santiago De Compostela	00:05:59	00:32:24	00:50:44
518	2568	Jorge Fontecoba Porto		00:50:45	00:49:54	Máster 2	173	M	465	Galfor	A Coruña	00:06:37	00:32:35	00:50:45
519	2109	Silvia Seoane Rodriguez		00:50:45	00:50:35	Máster 2	16	F	54	CLUB ATLETISMO SADA	Oleiros	00:05:08	00:32:00	00:50:45
520	2932	Jesus Prado Gomez		00:50:45	00:49:54	Máster 2	174	M	466		A Coruña	00:06:38	00:32:34	00:50:45
521	2803	José Luis Bergondo Vazquez		00:50:47	00:50:36	Máster 1	98	M	467		A Coruña	00:05:17	00:31:40	00:50:47
522	3352	Manuel Pereira		00:50:48	00:50:00	Máster 3	60	M	468		S. João Da Madeira	00:06:42	00:32:53	00:50:48
523	3117	Manuel Mouzo Doval		00:50:48	00:50:33	Máster 1	99	M	469		Cabana De Bergantiños	00:05:13	00:31:59	00:50:48
524	3365	Chisco Rodríguez Garrido		00:50:50	00:50:09	Senior	120	M	470	Nosportlimit	Oleiros	00:06:13	00:32:52	00:50:50
525	2916	Daniel Ciudad Cendán		00:50:51	00:50:03	Máster 2	175	M	471	PATUKOS TIM RANIN	A Coruña	00:06:30	00:32:55	00:50:51
526	2969	Andrés González García		00:50:52	00:50:29	Máster 3	61	M	472	CLUB CASTRO DE LOBADIZ	Ferrol	00:05:40	00:32:21	00:50:52
527	2020	Maribel Rondon Moreno		00:50:54	00:50:29	Senior	20	F	55	TRIGR8	A Coruña	00:05:41	00:31:49	00:50:54

528	2413	Seraina Weber Loureiro		00:50:54	00:50:19	Máster 1	12	F	56		Muttentz	00:06:14	00:32:42	00:50:54
529	2796	Pablo Moar Blanco		00:50:55	00:50:38	Máster 1	100	M	473		Cambre	00:05:26	00:31:57	00:50:55
530	2818	Juan Carlos Domato Verdía		00:50:56	00:50:56	Máster 1	101	M	474		Arteixo	00:05:06	00:33:50	00:50:56
531	2882	Sergio Patiño Riveiro		00:50:56	00:50:44	Senior	121	M	475		A Coruña	00:05:02	00:31:11	00:50:56
532	2854	Miguel Pedrosa		00:50:57	00:50:21	Senior	122	M	476		A Coruña	00:06:04	00:32:14	00:50:57
533	3374	Diego Gonzalo Moral		00:50:57	00:50:21	Senior	123	M	477		Rúa, A	00:06:04	00:32:19	00:50:57
534	3111	Fernando Vazquez Blanco		00:50:57	00:50:47	Máster 3	62	M	478	oscar vazquez garcia	A Coruña	00:05:29	00:32:02	00:50:57
535	3196	Pablo Padilla Exposito		00:50:58	00:50:14	Máster 1	102	M	479		A Coruña	00:06:24	00:32:56	00:50:58
536	2973	Oliver Castro Souto		00:51:00	00:50:43	Senior	124	M	480		Carballo	00:05:24	00:32:05	00:51:00
537	2958	Manuel Javier Muñiz Seijas		00:51:01	00:50:41	Máster 3	63	M	481		A Coruña	00:05:43	00:32:19	00:51:01
538	3110	Jorge Veiga Lendoiro		00:51:01	00:50:30	Máster 3	64	M	482		A Coruña	00:06:10	00:32:46	00:51:01
539	3039	Juan Manuel Gómez Crespo		00:51:02	00:50:33	Máster 1	103	M	483		Betanzos	00:05:40	00:32:02	00:51:02
540	3429	Fernando Regueira Casas		00:51:02	00:50:25	Senior	125	M	484		A Coruña	00:06:06	00:32:39	00:51:02
541	3005	José Manuel Álvarez Loureiro		00:51:04	00:49:57	Máster 3	65	M	485		A Coruña	00:07:03	00:33:18	00:51:04
542	3029	Valentin Barral Vales		00:51:04	00:50:34	Máster 1	104	M	486		Betanzos	00:06:05	00:32:28	00:51:04
543	3010	Fabián Santos Pose	AG2022664	00:51:05	00:50:44	Máster 1	105	M	487	TERRA DE SONEIRA	Vimianzo	00:05:32	00:32:21	00:51:05
544	3222	Luis Alvarez Camara		00:51:06	00:50:37	Máster 4	11	M	488		A Coruña	00:05:47	00:32:18	00:51:06
545	3275	Alejandro Antón Fernandez		00:51:07	00:50:42	Senior	126	M	489		Pontes De Garcia Rodriguez, As	00:05:48	00:32:49	00:51:07
546	3122	Gonzalo Anido		00:51:08	00:50:34	Senior	127	M	490		A Coruña	00:06:16	00:33:29	00:51:08
547	3423	Diego Moreira Garcia		00:51:08	00:50:35	Senior	128	M	491		Carballo	00:06:16	00:33:07	00:51:08
548	2104	Susi Abad Lago	AG2018261	00:51:10	00:50:55	Máster 2	17	F	57	ATLETISMO PORRIÑO	Porriño, O	00:05:33	00:32:38	00:51:10
549	2056	Inmaculada Mourín González		00:51:12	00:51:01	Máster 2	18	F	58		Lugo	00:05:18	00:32:01	00:51:12
550	3127	Juan Carlos Pastor Portillo		00:51:17	00:50:43	Máster 1	106	M	492		A Coruña	00:05:45	00:32:31	00:51:17
551	2922	Iván Tenreiro Recoso		00:51:18	00:51:09	Senior	129	M	493	CLUB ATLETISMO SADA	Miño	00:04:52	00:31:01	00:51:18
552	2070	Susana Gomez Lodeiros		00:51:18	00:51:01	Máster 2	19	F	59	TARTARUGAS	Arteixo	00:05:42	00:32:36	00:51:18
553	2978	Jose David Rios Lesta		00:51:19	00:50:27	Senior	130	M	494	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	A Coruña	00:06:09	00:32:51	00:51:19
554	2061	Maria Corredoira Baleato	AG768081	00:51:19	00:51:01	Máster 2	20	F	60	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	Ames	00:05:33	00:32:15	00:51:19
555	2175	Azucena Vázquez Alvarinho		00:51:20	00:50:30	Máster 2	21	F	61		A Coruña	00:06:43	00:33:27	00:51:20
556	3093	Miguel Roman Blanco Garcia		00:51:21	00:50:56	Senior	131	M	495		A Coruña	00:05:56	00:32:26	00:51:21
557	2895	Alex Álvarez Rodríguez		00:51:21	00:51:03	Senior	132	M	496	Club Hércules Termaria	A Coruña	00:05:43	00:32:25	00:51:21
558	2924	Manuel Naveira Fachal		00:51:21	00:50:50	Máster 2	176	M	497	Boxing sada	Oleiros	00:06:06	00:33:51	00:51:21
559	3434	Fernando Cabanas Porto		00:51:23	00:50:31	Máster 2	177	M	498		A Coruña	00:06:41	00:33:12	00:51:23
560	2073	Isabel Castañeda Lenard		00:51:24	00:50:33	Máster 2	22	F	62	Bierzotriman	Ponferrada	00:06:40	00:33:12	00:51:24
561	2455	Aitana Ares Yebra		00:51:24	00:51:11	Senior	21	F	63			00:05:25	00:32:09	00:51:24
562	3061	Antonio Conceição		00:51:25	00:51:05	Máster 2	178	M	499		Caldas De S.jorge	00:05:40	00:32:42	00:51:25
563	2784	Enrique Peña González	AG767354	00:51:25	00:50:36	Máster 2	179	M	500	PATUKOS TIM RANIN	Cambre	00:06:35	00:33:45	00:51:25
564	3101	Carlos Carreira Otero		00:51:26	00:50:49	Máster 3	66	M	501	CLUB ATLETISMO BOIMORTO	Boimorto	00:06:28	00:33:33	00:51:26
565	2097	Belen Otero Fernandez		00:51:27	00:51:01	Senior	22	F	64		A Coruña	00:05:42	00:32:08	00:51:27
566	3107	Carlos Crujeiras Romero		00:51:29	00:51:12	Máster 2	180	M	502		A Coruña	00:05:29	00:32:47	00:51:29
567	2081	Alba Rodríguez Martínez		00:51:30	00:50:39	Senior	23	F	65		Oleiros	00:06:16	00:33:11	00:51:30
568	3259	Pedro Oliveira		00:51:30	00:50:53	Sub 20	2	M	503		Porto	00:06:16	00:33:23	00:51:30
569	3007	Carlos Garcia Perez		00:51:31	00:51:02	Máster 2	181	M	504		Culleredo	00:05:55	00:33:03	00:51:31
570	2386	Ramina González Graíño		00:51:31	00:51:07	Senior	24	F	66		A Coruña	00:05:38	00:32:27	00:51:31
571	3439	Dario Lema Pasantes		00:51:33	00:50:50	Senior	133	M	505		Camariñas	00:06:51	00:34:05	00:51:33

572	3221	Jose Isaias Burlido Borrego	AG6784	00:51:37	00:51:15	Máster 3	67	M	506	ATLETISMO PORRIÑO	Porriño, O	00:05:45	00:32:51	00:51:37
573	3438	Amador Mas Campos		00:51:38	00:50:55	Senior	134	M	507		A Coruña	00:06:50	00:34:15	00:51:38
574	3382	Saúl Carnero Iglesias		00:51:39	00:50:56	Senior	135	M	508	Club Deportivo Arteixo	Ourense	00:07:05	00:33:32	00:51:39
575	2189	Pilar Villar Recarey	GA768754	00:51:42	00:51:18	Máster 1	13	F	67	A.D. DOWNHILL	A Laracha	00:05:33	00:32:25	00:51:42
576	3066	Andrés García González		00:51:43	00:51:25	Máster 4	12	M	509	Escuela de Atletismo Paula Mayobre	Mugardos	00:05:41	00:32:53	00:51:43
577	3028	Miguel Mosquera Montero		00:51:43	00:50:35	Máster 2	182	M	510		A Coruña	00:06:29	00:33:35	00:51:43
578	3173	Alonso Alvarez Ventoso		00:51:45	00:51:18	Máster 3	68	M	511		A Coruña	00:05:54	00:33:11	00:51:45
579	2743	Victor Manuel Alvarez Taboada		00:51:50	00:51:36	Máster 1	107	M	512		A Coruña	00:05:24	00:32:24	00:51:50
580	2985	Miguel Aymerich		00:51:51	00:51:19	Máster 3	69	M	513	CD GAS NATURAL FENOSA	A Coruña	00:06:05	00:32:53	00:51:51
581	3143	Jose Ángel Marcos Marcos		00:51:52	00:51:12	Máster 2	183	M	514		A Coruña	00:06:12	00:33:11	00:51:52
582	3048	Natalio Lorenzo Pintos		00:51:54	00:51:26	Máster 3	70	M	515		Culleredo	00:06:17	00:33:53	00:51:54
583	3037	Jesus Matias Dominguez Gomez		00:51:54	00:51:08	Máster 3	71	M	516		A Laracha	00:06:19	00:33:13	00:51:54
584	2904	Jesús Del Pozo Losada		00:51:57	00:50:58	Máster 3	72	M	517		A Coruña	00:07:12	00:34:03	00:51:57
585	3319	Jose Ramón Almirón Alonso		00:51:57	00:51:05	Máster 3	73	M	518		Arteixo	00:06:28	00:33:43	00:51:57
586	2697	Fran Prieto Pernas		00:51:57	00:51:49	Máster 1	108	M	519	SÍGUEME SI PUEDES	A Coruña	00:04:49	00:31:10	00:51:57
587	2908	Ricardo Calvo López		00:51:59	00:51:48	Máster 2	184	M	520	ATLETAS DE ACEA DE AMA	A Coruña	00:05:01	00:30:06	00:51:59
588	2433	Sonia Illanes		00:52:00	00:51:36	Máster 1	14	F	68		Sada	00:05:49	00:32:57	00:52:00
589	2785	Benito Blanco Pequeño		00:52:02	00:51:12	Máster 2	185	M	521	PATUKOS TIM RANIN	Cambre	00:06:35	00:33:46	00:52:02
590	2179	María Teresa Sierra Caballero		00:52:02	00:51:40	Máster 2	23	F	69		Culleredo	00:06:01	00:33:10	00:52:02
591	2975	Manuel Basoa Rodríguez		00:52:03	00:51:45	Senior	136	M	522	ESCUELA DE ALTLETISMO PAULA MAYOBRE	Fene	00:05:32	00:33:10	00:52:03
592	2843	Francisco Barca De La Fuente		00:52:03	00:51:51	Máster 2	186	M	523	CCRIAZOR	A Coruña	00:05:11	00:32:13	00:52:03
593	2021	Montserrat Hernandez Garcia		00:52:04	00:51:53	Máster 2	24	F	70	CCRIAZOR	A Coruña	00:05:11	00:32:13	00:52:04
594	3106	Ignacio Guillín Cuba		00:52:04	00:51:53	Máster 3	74	M	524	CCRIAZOR	A Coruña	00:05:42	00:32:42	00:52:04
595	3425	Daniel Quintela Díaz		00:52:06	00:51:31	Sub 23	7	M	525		A Coruña	00:05:33	00:31:50	00:52:06
596	2026	Gema Martínez Carrera		00:52:08	00:52:03	Máster 2	25	F	71		A Coruña	00:05:20	00:32:42	00:52:08
597	2880	Roberto Sanjuan Sanchez		00:52:08	00:51:50	Máster 2	187	M	526	Escola de Atletismo Paula Mayobre	Ares	00:05:31	00:32:49	00:52:08
598	2153	Nadia Mirimiche		00:52:12	00:51:25	Máster 1	15	F	72	ATLETAS DE ACEA DE AMA	Culleredo	00:06:26	00:33:35	00:52:12
599	3119	Juan González Ares		00:52:12	00:51:09	Máster 2	188	M	527	CLUB ATLÉTICO SOBRADO XUVENTUDE	Sobrado	00:06:58	00:33:31	00:52:12
600	3063	Alberto Sieiro Paz		00:52:12	00:51:46	Máster 1	109	M	528		Santiago De Compostela	00:06:02	00:32:00	00:52:12
601	2382	Begoña Rodríguez Cabrera		00:52:13	00:51:50	Máster 2	26	F	73		Cambre	00:06:03	00:33:05	00:52:13
602	3034	Francisco Sobrino Mosquera		00:52:15	00:51:25	Máster 4	13	M	529	CLUB ATLETISMO SADA	Oleiros	00:06:26	00:33:29	00:52:15
603	3140	Roberto Castro-tome		00:52:16	00:51:51	Máster 2	189	M	530	55 MINUTOS	A Coruña	00:05:58	00:33:01	00:52:16
604	3154	Oscar Fernández Pardo		00:52:17	00:51:21	Máster 2	190	M	531		A Coruña	00:06:39	00:33:49	00:52:17
605	3136	Renato Rivas Lopez		00:52:20	00:51:57	Máster 1	110	M	532	CLUB ATLETISMO SADA	A Coruña	00:05:43	00:32:30	00:52:20
606	3160	Pedro López Díaz		00:52:25	00:51:50	Máster 1	111	M	533		A Coruña	00:06:15	00:33:14	00:52:25
607	2112	Maryem Sali Duque		00:52:25	00:51:56	Máster 1	16	F	74		A Coruña	00:06:03	00:33:19	00:52:25
608	2133	María Blas Corral		00:52:26	00:52:03	Máster 1	17	F	75	CLUB ATLETISMO SADA	Sada	00:05:57	00:33:41	00:52:26
609	2788	Jacinto Parga Fernández	AG769105	00:52:26	00:52:03	Máster 2	191	M	534	CLUB ATLETISMO SADA	Sada	00:05:56	00:33:37	00:52:26
610	2161	Jessica Fernabdez Pernas		00:52:26	00:51:46	Máster 1	18	F	76		A Coruña	00:06:13	00:33:17	00:52:26
611	3186	Alejandro Álvarez Mosquera		00:52:27	00:51:46	Máster 3	75	M	535		A Coruña	00:06:13	00:33:19	00:52:27
612	2872	Angel Mera Rico		00:52:28	00:52:07	Máster 1	112	M	536	TARTARUNNERS	A Coruña	00:05:49	00:32:36	00:52:28
613	2058	Seila Blanco Varela		00:52:29	00:52:20	Máster 1	19	F	77		Miño	00:05:41	00:33:25	00:52:29
614	2180	Vanessa García Cucó		00:52:29	00:52:05	Máster 1	20	F	78		Culleredo	00:06:03	00:33:21	00:52:29
615	3121	Carlos Armenteros		00:52:33	00:51:40	Máster 2	192	M	537		A Coruña	00:06:41	00:33:59	00:52:33

616	3231	Poldo Jaudenes Juncal		00:52:35	00:51:57	Máster 2	193	M	538		Cambre	00:06:16	00:33:31	00:52:35
617	2174	Bego González		00:52:37	00:51:47	Máster 2	27	F	79		A Coruña	00:06:27	00:33:41	00:52:37
618	3083	Víctor Areosa Novo		00:52:37	00:52:05	Máster 1	113	M	539		Carballo	00:05:54	00:32:51	00:52:37
619	2944	Hermínio Santos Cameán	AG2014322	00:52:37	00:52:25	Máster 2	194	M	540	CLUB ATLETISMO SADA	Sada	00:05:14	00:32:10	00:52:37
620	2889	Oscar Martínez Serra		00:52:39	00:52:25	Senior	137	M	541		A Coruña	00:05:31	00:33:12	00:52:39
621	2171	María Fernández Figueroa		00:52:41	00:51:49	Máster 1	21	F	80		A Coruña	00:07:04	00:34:45	00:52:41
622	3371	Vitor Conceição		00:52:43	00:52:19	Máster 3	76	M	542		S. João Da Madeira	00:05:54	00:33:23	00:52:43
623	3289	Antonio Galan Gonzalez		00:52:44	00:52:18	Máster 2	195	M	543	Nosportlimit	Oleiros	00:06:06	00:34:40	00:52:44
624	2406	Itxaso Inchaurreaga Ruiz		00:52:47	00:52:07	Máster 1	22	F	81		Lugo	00:06:51	00:34:37	00:52:47
625	3065	Marcelino De Juan Barquín		00:52:47	00:52:19	Máster 4	14	M	544		A Coruña	00:05:53	00:33:12	00:52:47
626	2074	Ela Rodríguez Gallego	GA769138	00:52:48	00:52:30	Máster 2	28	F	82	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	Cambre	00:05:43	00:33:13	00:52:48
627	2917	Miguel Ibáñez		00:52:50	00:52:08	Máster 2	196	M	545		A Coruña	00:06:09	00:33:12	00:52:50
628	2167	Romina Rodríguez Lojo		00:52:52	00:51:53	Máster 1	23	F	83		A Coruña	00:07:11	00:34:15	00:52:52
629	2633	Daniel Cagide Leon		00:52:54	00:52:45	Senior	138	M	546			00:04:52	00:32:41	00:52:54
630	2095	Helena Pollo Pérez Mariño		00:52:55	00:52:29	Sub 23	2	F	84		Vigo	00:06:02	00:33:58	00:52:55
631	2905	Javier Aparicio Díaz		00:52:57	00:52:47	Máster 3	77	M	547	RUNNING OLEIROS	A Coruña	00:04:58	00:33:04	00:52:57
632	2997	Antón Pérez Vázquez		00:52:58	00:52:31	Máster 3	78	M	548		Mugardos	00:05:54	00:33:21	00:52:58
633	3216	Fernando García Pazos		00:52:59	00:52:28	Máster 3	79	M	549		A Coruña	00:06:05	00:33:53	00:52:59
634	3036	Manuel Vazquez Alvedro		00:53:01	00:52:38	Máster 4	15	M	550	ATLETAS DE ACEA DE AMA	Cambre	00:05:58	00:33:14	00:53:01
635	2715	Antonio Garcia Bello		00:53:01	00:52:49	Máster 3	80	M	551	ATLETAS DE ACEA DE AMA	A Coruña	00:05:30	00:33:15	00:53:01
636	3043	Benigno Garea Cao		00:53:02	00:52:38	Máster 4	16	M	552		A Coruña	00:05:58	00:33:45	00:53:02
637	2946	Sergio Freire Pena		00:53:03	00:52:07	Senior	139	M	553		A Coruña	00:06:55	00:34:03	00:53:03
638	3085	David Ruiz Diaz		00:53:03	00:52:37	Máster 1	114	M	554		A Coruña	00:06:19	00:34:32	00:53:03
639	3125	Jose Rios Garcia		00:53:05	00:52:40	Máster 4	17	M	555		A Coruña	00:05:54	00:33:38	00:53:05
640	3153	José García Becerra		00:53:05	00:52:33	Máster 3	81	M	556		Carballo	00:05:54	00:33:15	00:53:05
641	2136	Graciela Cotele Veira		00:53:06	00:52:47	Máster 1	24	F	85		A Coruña	00:05:39	00:33:08	00:53:06
642	3323	Alberto Moreiras Lorenzo		00:53:06	00:52:10	Máster 1	115	M	557		Arteixo	00:07:06	00:34:10	00:53:06
643	2094	Mari Luz Sandá Guerra	AG2016974	00:53:06	00:52:47	Máster 3	7	F	86	LA MOCHILA DEL DEPORTE	Cambre	00:05:39	00:33:06	00:53:06
644	2800	Sergio Ares Chao		00:53:09	00:52:52	Máster 1	116	M	558	INDEPENDIENTE	A Coruña	00:05:38	00:33:24	00:53:09
645	3277	Miguel Martínez Charry		00:53:09	00:52:11	Senior	140	M	559		A Coruña	00:06:21	00:32:50	00:53:09
646	3158	José Ramón Puente Añón		00:53:09	00:52:29	Máster 2	197	M	560		A Laracha	00:06:27	00:33:44	00:53:09
647	3002	Marcelo Gabriel Tripodi		00:53:11	00:52:40	Máster 3	82	M	561		Bagnara	00:06:00	00:33:33	00:53:11
648	2107	Beatriz Patiño Seijas		00:53:12	00:52:56	Máster 2	29	F	87		A Coruña	00:05:42	00:33:29	00:53:12
649	2113	Noelia Garrido Beade		00:53:12	00:52:54	Senior	25	F	88	ATLETISMO FONTES DO SAR	Ames	00:05:26	00:33:26	00:53:12
650	3397	Bran Barral Buceta		00:53:13	00:52:08	Senior	141	M	562		Meis	00:07:22	00:34:11	00:53:13
651	2071	Ana Amigo González		00:53:14	00:52:58	Máster 2	30	F	89		A Coruña	00:05:37	00:33:24	00:53:14
652	2805	Iñigo Martínez Iglesias		00:53:16	00:53:10	Máster 2	198	M	563		A Coruña	00:05:31	00:33:17	00:53:16
653	2984	Francisco Guillán Garcia		00:53:17	00:52:29	Máster 2	199	M	564	C.D. GAS NATURAL FENOSA	Arteixo	00:06:24	00:33:20	00:53:17
654	3399	Gabriel Kesler Canan		00:53:18	00:52:52	Máster 3	83	M	565		A Coruña	00:06:07	00:34:41	00:53:18
655	3355	Manuel Dias		00:53:18	00:52:41	Máster 4	18	M	566		S. João Da Madeira	00:06:39	00:34:41	00:53:18
656	2356	Sofía De La Fuente		00:53:19	00:52:37	Máster 2	31	F	90		A Coruña	00:06:35	00:34:08	00:53:19
657	2793	Miguel Angel Palmeiro Quelle		00:53:19	00:52:38	Máster 1	117	M	567		Culleredo	00:06:34	00:34:07	00:53:19
658	3148	Jose Angel Teijo Lopez		00:53:21	00:52:49	Máster 2	200	M	568		Betanzos	00:06:10	00:34:03	00:53:21
659	2134	Katy Santos Carro	AG2016970	00:53:21	00:53:03	Máster 2	32	F	91	LA MOCHILA DEL DEPORTE	A Coruña	00:05:37	00:33:08	00:53:21

660	3285	Avelino Fernández Fernández		00:53:22	00:52:27	Máster 3	84	M	569		Vegadeo	00:06:27	00:34:10	00:53:22
661	2160	Alba María Lopez Blanco		00:53:22	00:52:58	Senior	26	F	92		A Coruña	00:05:58	00:34:14	00:53:22
662	2982	Juan Carlos Menendez Dominguez		00:53:23	00:52:59	Máster 3	85	M	570		Arteixo	00:06:08	00:33:58	00:53:23
663	2164	Lorena Gestal Ferreiro		00:53:28	00:53:02	Máster 2	33	F	93	Nosportlimit	Culleredo	00:06:06	00:34:00	00:53:28
664	2122	María Luisa Mateo Casañez		00:53:29	00:52:33	Máster 2	34	F	94		A Coruña	00:06:52	00:34:24	00:53:29
665	2379	Natalia Miguel Luis		00:53:31	00:52:51	Máster 1	25	F	95			00:06:50	00:34:55	00:53:31
666	3362	Jesus Barallobre García		00:53:31	00:52:51	Máster 1	118	M	571		Betanzos	00:06:52	00:34:55	00:53:31
667	2769	Ruben Castro Porto		00:53:31	00:52:52	Máster 1	119	M	572		Betanzos	00:06:51	00:34:52	00:53:31
668	2600	Manuel Barallobre García		00:53:31	00:52:51	Máster 2	201	M	573		Betanzos	00:06:50	00:34:53	00:53:31
669	2192	Carolina Papin Estevez		00:53:34	00:53:05	Máster 1	26	F	96		Carral	00:06:02	00:33:57	00:53:34
670	2079	Montse Veiga Blanco	AG2015297	00:53:34	00:52:52	Máster 2	35	F	97	ATLETISMO FONTES DO SAR	Santiago De Compostela	00:06:41	00:34:25	00:53:34
671	3024	Roberto Picos Fonticoba		00:53:34	00:52:32	Máster 2	202	M	574		A Coruña	00:06:45	00:34:11	00:53:34
672	2417	Lola García Cambón		00:53:34	00:53:13	Máster 2	36	F	98			00:05:47	00:34:01	00:53:34
673	2858	David Lago Louzan		00:53:34	00:53:22	Máster 1	120	M	575		Cee	00:05:25	00:33:33	00:53:34
674	3128	Alberto Sánchez Regueiro		00:53:38	00:52:42	Máster 2	203	M	576		A Coruña	00:06:48	00:34:26	00:53:38
675	2804	Roberto Francos Vázquez		00:53:38	00:52:42	Máster 1	121	M	577		A Coruña	00:06:39	00:34:11	00:53:38
676	2131	María José Casal Cambón		00:53:39	00:53:00	Máster 2	37	F	99		A Laracha	00:06:26	00:33:52	00:53:39
677	2118	Carmen García Sierra		00:53:41	00:53:22	Máster 1	27	F	100		A Coruña	00:05:46	00:33:27	00:53:41
678	3209	Ruben Pacheco Fernández		00:53:42	00:52:46	Máster 1	122	M	578		A Coruña	00:06:45	00:34:06	00:53:42
679	2128	Melina Fernández Santás		00:53:46	00:53:12	Máster 1	28	F	101		A Coruña	00:06:15	00:34:17	00:53:46
680	2273	Laura Mondelo García		00:53:46	00:53:06	Sub 23	3	F	102		Barco De Valdeorras, O	00:06:40	00:35:05	00:53:46
681	3274	Javier Herrero Valle		00:53:47	00:53:03	Máster 1	123	M	579	Colectivo Veracruz	Segovia	00:06:09	00:34:03	00:53:47
682	2530	José Manuel García Pérez		00:53:47	00:53:07	Máster 2	204	M	580		Barco De Valdeorras, O	00:06:38	00:35:04	00:53:47
683	2645	Jose Carlos Candal Rivera		00:53:48	00:53:17	Máster 2	205	M	581	s	Culleredo	00:06:23	00:34:31	00:53:48
684	2115	Patricia Sanchez López		00:53:50	00:53:36	Máster 2	38	F	103	NOSPORLIMIT	A Coruña	00:05:24	00:33:36	00:53:50
685	2725	Roberto Gayoso		00:53:53	00:53:36	Máster 2	206	M	582		A Coruña	00:05:46	00:33:55	00:53:53
686	2156	Patricia Ameneiro		00:53:53	00:53:36	Senior	27	F	104		A Coruña	00:05:45	00:33:53	00:53:53
687	2987	David Guntin Alvarez		00:53:53	00:53:37	Máster 1	124	M	583	FITRunners	A Laracha	00:05:17	00:34:00	00:53:53
688	3240	Miguel Mato		00:53:55	00:53:06	Senior	142	M	584		A Coruña	00:06:51	00:34:47	00:53:55
689	2968	Juan Cartelle Sáez		00:53:56	00:53:29	Senior	143	M	585		A Coruña	00:06:15	00:34:31	00:53:56
690	2085	Paula Romero Cimas		00:53:57	00:53:27	Senior	28	F	105		Oleiros	00:06:13	00:34:24	00:53:57
691	2120	Sonia Quintá Mancebo		00:53:57	00:53:23	Máster 2	39	F	106		A Coruña	00:06:14	00:34:18	00:53:57
692	3276	Manuel Rodríguez Suárez		00:53:57	00:53:08	Máster 3	86	M	586		Cambre	00:06:56	00:34:46	00:53:57
693	3212	Alberto Perez Pardiñas		00:53:57	00:53:02	Máster 1	125	M	587	Nosportlimit	Carral	00:06:42	00:34:26	00:53:57
694	2064	Eva Sanchez Martinez		00:53:57	00:53:27	Máster 3	8	F	107	MIXMASTER RUNNING	A Coruña	00:06:00	00:33:55	00:53:57
695	3207	Aarón Ángel Salas Sánchez		00:53:59	00:53:13	Senior	144	M	588		A Coruña	00:06:46	00:34:31	00:53:59
696	3130	Jesus García Poncet		00:53:59	00:53:27	Máster 2	207	M	589		A Coruña	00:06:05	00:34:13	00:53:59
697	3215	Jesus Felipe Montoro Iniesta		00:53:59	00:52:46	Senior	145	M	590		Las Pedroñeras	00:06:50	00:34:10	00:53:59
698	3324	Jaime Estévez Vidal		00:54:01	00:53:25	Máster 2	208	M	591		A Coruña	00:06:39	00:35:00	00:54:01
699	3016	Francisco Javier Varela Mazas		00:54:03	00:53:01	Máster 3	87	M	592	CLUB SOCIAL BANCO PASTOR	A Coruña	00:06:57	00:35:03	00:54:03
700	3341	Alfonso Villares Barro		00:54:07	00:53:27	Máster 2	209	M	593		A Coruña	00:06:44	00:35:30	00:54:07
701	3149	Jesús Taranchel López		00:54:08	00:53:37	Máster 1	126	M	594		Vigo	00:06:25	00:34:40	00:54:08
702	2110	Araceli Veiga Bermejo		00:54:09	00:53:31	Máster 4	2	F	108		A Coruña	00:06:39	00:34:40	00:54:09
703	3433	Adrián Vázquez Figueiras		00:54:09	00:53:02	Senior	146	M	595		A Coruña	00:06:53	00:33:59	00:54:09



704	3104	Miguel Deza Rodríguez	AG767352	00:54:14	00:53:27	Máster 2	210	M	596	PATUKOS TIM RANIN	A Coruña	00:06:34	00:34:36	00:54:14
705	3017	Gonzalo Alfonsín Soliño		00:54:16	00:53:50	Máster 3	88	M	597	TARATRUGAS	Santiago De Compostela	00:06:00	00:35:17	00:54:16
706	3116	Alejandro Cañada Muñoz		00:54:17	00:53:37	Máster 3	89	M	598		A Coruña	00:06:03	00:33:51	00:54:17
707	3226	Victor Manuel Paradelas Fernandez		00:54:20	00:53:45	Máster 3	90	M	599		A Coruña	00:06:51	00:35:22	00:54:20
708	2036	Ana Bort Respino		00:54:24	00:54:02	Sub 20	1	F	109		A Coruña	00:05:46	00:33:44	00:54:24
709	2201	Marta Ferreiro Opazo		00:54:25	00:54:20	Senior	29	F	110	A.D. LIMIACTIVA	Xinzo De Limia	00:05:45	00:34:33	00:54:25
710	2211	Alma Trillo Fernández		00:54:27	00:54:05	Máster 2	40	F	111	CLUB ATLETISMO SADA	Oleiros	00:05:56	00:34:10	00:54:27
711	2119	Mónica Vélez Tena	AG2015928	00:54:27	00:54:10	Máster 2	41	F	112	OLIMPICO VEDRA	Poio	00:05:44	00:34:11	00:54:27
712	3132	Alberto Rúa Rúa		00:54:32	00:53:30	Máster 2	211	M	600	A. D. Cerne	Melide	00:07:09	00:35:54	00:54:32
713	3387	Cristóbal García Miser		00:54:32	00:53:37	Senior	147	M	601		A Coruña	00:07:08	00:35:09	00:54:32
714	3126	Rubén Brea Rivas		00:54:34	00:53:33	Máster 1	127	M	602		A Coruña	00:07:00	00:34:53	00:54:34
715	2127	María Castro Candamio		00:54:36	00:54:13	Máster 2	42	F	113	CLUB ATLETISMO SADA	Oleiros	00:05:58	00:34:13	00:54:36
716	2181	Begoña Martínez Lorenzo		00:54:36	00:54:19	Máster 2	43	F	114		Arteixo	00:05:29	00:32:52	00:54:36
717	3090	Angel Ramon Martínez Cambon		00:54:36	00:54:19	Máster 3	91	M	603		A Coruña	00:05:29	00:33:44	00:54:36
718	2106	Rosa M. Maceiras Seoane		00:54:40	00:54:19	Máster 2	44	F	115	Running Arteixo	Arteixo	00:05:55	00:34:34	00:54:40
719	3157	José Antonio Añón Costa		00:54:40	00:54:01	Máster 2	212	M	604		A Coruña	00:06:26	00:33:45	00:54:40
720	3462	Jose Orentino Suevo Minor		00:54:43	00:54:05	Máster 2	213	M	605		A Coruña	00:06:55	00:35:16	00:54:43
721	2706	Francisco Javier Fernández Pérez		00:54:44	00:54:10	Máster 1	128	M	606	Nosportlimit	A Coruña	00:06:26	00:34:48	00:54:44
722	2066	Nayem Mosquera Castro		00:54:44	00:54:10	Senior	30	F	116	Nosportlimit	A Coruña	00:06:26	00:34:51	00:54:44
723	3060	Ramiro Monteiro		00:54:46	00:54:21	Máster 4	19	M	607		Caldas S. Jorge	00:06:02	00:34:41	00:54:46
724	3162	Johans Villamizar Sosa		00:54:46	00:53:43	Máster 1	129	M	608		A Coruña	00:07:11	00:35:44	00:54:46
725	2377	Cristina Almeida		00:54:47	00:54:11	Máster 2	45	F	117		S. João Da Madeira	00:07:02	00:35:51	00:54:47
726	3123	Rodrigo Cajamarca Rivera		00:54:50	00:54:30	Senior	148	M	609		Ferrol	00:05:33	00:33:57	00:54:50
727	3197	Roberto Alvarez Ramos		00:54:52	00:54:16	Máster 2	214	M	610		A Coruña	00:06:24	00:34:31	00:54:52
728	2141	Guilly García Iglesias		00:54:52	00:54:25	Máster 2	46	F	118	CLUB ATLETISMO SADA	Oleiros	00:06:03	00:34:48	00:54:52
729	2116	Silvia Sánchez Bascoy		00:54:52	00:54:39	Máster 3	9	F	119		A Coruña	00:05:37	00:34:10	00:54:52
730	3069	Carlos Muñoz Lagaron		00:54:52	00:54:25	Máster 2	215	M	611	Nosportlimit	A Coruña	00:06:01	00:34:50	00:54:52
731	2913	Enoc Dominguez Ojea		00:54:54	00:54:25	Senior	149	M	612		A Coruña	00:05:59	00:35:15	00:54:54
732	3337	Francisco Lorente Blanco		00:54:55	00:53:49	Máster 1	130	M	613		Pontevedra		00:35:05	00:54:55
733	3166	Diego Rodríguez Soto		00:54:56	00:54:22	Máster 2	216	M	614	Beer Runners	A Coruña	00:06:27	00:34:39	00:54:56
734	2046	Yan Li Chen Lin		00:54:56	00:54:21	Senior	31	F	120	Beer Runners	A Coruña	00:06:27	00:34:38	00:54:56
735	3204	Luis Viña Domínguez		00:54:56	00:54:21	Máster 1	131	M	615	BEER RUNNERS CORUÑA	A Coruña	00:06:26	00:34:39	00:54:56
736	2384	María Domínguez García		00:54:57	00:54:17	Senior	32	F	121	Triatlón Costa da Morte	Oleiros	00:06:24	00:34:56	00:54:57
737	2080	Rosa María Soto Guardado		00:54:58	00:54:27	Máster 2	47	F	122	CLUB DEPORTIVO JIMBARAN	Lugo	00:06:35	00:35:02	00:54:58
738	2980	Manuel Angel Cobas Otero	GA769072	00:54:59	00:54:18	Máster 3	92	M	616	ATLETISMO FONTES DO SAR	Ames	00:06:44	00:34:26	00:54:59
739	2981	Alvaro Martín Ares		00:55:03	00:54:45	Senior	150	M	617		A Coruña	00:05:31	00:31:08	00:55:03
740	3404	Jesús Francisco Sánchez Gómez		00:55:03	00:54:20	Máster 2	217	M	618		Betanzos	00:06:36	00:35:03	00:55:03
741	2357	Julia Henriques Fernández		00:55:05	00:54:22	Senior	33	F	123		Sada	00:07:04	00:35:22	00:55:05
742	2412	Laura Galicia Sarmiento		00:55:05	00:54:23	Senior	34	F	124	Club Deportivo Arteixo	Ourense	00:07:04	00:35:22	00:55:05
743	3356	António Pereira		00:55:05	00:54:17	Máster 4	20	M	619		S. João Da Madeira	00:06:49	00:35:30	00:55:05
744	3097	Carlos Gomez Martinez		00:55:08	00:54:40	Máster 2	218	M	620		Noia	00:05:54	00:34:25	00:55:08
745	2208	Rocío Fernández Larrañaga		00:55:09	00:54:49	Sub 23	4	F	125		Viveiro	00:06:02	00:34:31	00:55:09
746	3133	José Francisco Rodríguez García		00:55:11	00:54:50	Máster 1	132	M	621		Neda	00:05:59	00:34:27	00:55:11
747	2320	Helena Fernandez Pérez		00:55:12	00:54:19	Senior	35	F	126	TERMARIA RUNNING	A Coruña	00:07:05	00:35:18	00:55:12

748	2234	Cristina Vara Vázquez		00:55:12	00:54:41	Máster 2	48	F	127	Club Hercules Termaria	A Coruña	00:06:19	00:35:07	00:55:12
749	3038	Alejandro Domínguez Guimaraens		00:55:12	00:54:41	Máster 3	93	M	622	INDEPENDIENTE	A Coruña	00:06:27	00:34:58	00:55:12
750	2224	Sara Abad López		00:55:13	00:54:38	Senior	36	F	128		A Coruña	00:06:14	00:34:33	00:55:13
751	2436	María Alejandra Pérez Quintana		00:55:19	00:54:54	Senior	37	F	129			00:05:58	00:35:07	00:55:19
752	3292	Jose Luis Pereira		00:55:20	00:54:42	Máster 2	219	M	623		A Coruña	00:06:43	00:35:19	00:55:20
753	2057	Mª Del Carmen Vazquez Veiga		00:55:21	00:55:14	Máster 3	10	F	130	Arcadia	A Coruña	00:05:47	00:34:54	00:55:21
754	2369	Emilia Berea Ruiz		00:55:22	00:54:39	Máster 2	49	F	131		A Coruña	00:07:05	00:35:28	00:55:22
755	2329	Manuela París Lado		00:55:25	00:54:39	Máster 1	29	F	132		Culleredo	00:06:55	00:35:24	00:55:25
756	2140	Iria Louzán Lema		00:55:29	00:55:07	Máster 1	30	F	133	CLUB ATLETISMO SADA	Sada	00:05:57	00:34:21	00:55:29
757	2635	Alejandro Nuñez		00:55:29	00:55:02	Máster 1	133	M	624	NOSPORTLIMIT-TREK GALICIA	A Coruña	00:06:10	00:35:16	00:55:29
758	3076	José Antonio Vázquez Liste		00:55:29	00:55:03	Senior	151	M	625		A Coruña	00:06:12	00:35:14	00:55:29
759	3075	Pablo Neira Fernandez		00:55:30	00:55:03	Senior	152	M	626		A Coruña	00:06:14	00:35:35	00:55:30
760	3395	Carlos Losada		00:55:35	00:54:50	Máster 2	220	M	627		Oleiros	00:06:56	00:35:17	00:55:35
761	3460	David Varela Mallón		00:55:36	00:54:37	Máster 1	134	M	628	FEFEME TRIATLON DO MIÑO	A Coruña	00:07:00	00:35:34	00:55:36
762	2373	Barbara Castro Landeira		00:55:38	00:54:39	Senior	38	F	134		A Coruña	00:07:24	00:36:57	00:55:38
763	3172	Jose Grela Rodríguez		00:55:38	00:54:55	Máster 4	21	M	629		Laracha	00:06:27	00:35:04	00:55:38
764	2130	Rosa María Sandes Fernández		00:55:38	00:55:16	Máster 4	3	F	135		A Coruña	00:06:23	00:35:09	00:55:38
765	3021	Sergio Rodríguez Rodríguez		00:55:38	00:55:06	Máster 1	135	M	630		Bergondo	00:06:01	00:34:54	00:55:38
766	2324	Claudia Seco Méndez		00:55:40	00:54:34	Senior	39	F	136		Ponferrada	00:07:08	00:36:12	00:55:40
767	3245	Manuel Becerra López		00:55:40	00:55:01	Máster 4	22	M	631		A Coruña	00:06:07	00:34:21	00:55:40
768	2242	María Del Pilar Orgeira Rey		00:55:40	00:55:03	Máster 2	50	F	137	ATLETICA A SILVA	Tordoia	00:06:24	00:35:39	00:55:40
769	2393	Yolanda Gonzalez Fernandez	AG2017792	00:55:41	00:55:23	Máster 2	51	F	138	LA MOCHILA DEL DEPORTE	A Coruña	00:06:00	00:35:26	00:55:41
770	2172	Susana Somme López	AG2016971	00:55:43	00:55:24	Máster 2	52	F	139	LA MOCHILA DEL DEPORTE	A Coruña	00:05:56	00:35:26	00:55:43
771	2869	Antonio Chao Lopez		00:55:44	00:55:16	Máster 1	136	M	632		A Coruña	00:05:51	00:35:14	00:55:44
772	3344	Jorge Lopez Rodríguez		00:55:44	00:55:08	Máster 4	23	M	633		A Coruña	00:06:35	00:35:21	00:55:44
773	3445	Elena Martínez De Alegría		00:55:45	00:55:33	Máster 3	11	F	140		Vigo	00:06:23	00:35:34	00:55:45
774	3291	Ricardo Darwich Serra		00:55:46	00:55:08	Máster 2	221	M	634		A Coruña	00:06:42	00:35:24	00:55:46
775	3237	Segundo Eiras Sánchez		00:55:47	00:54:56	Máster 2	222	M	635		A Coruña	00:06:26	00:34:53	00:55:47
776	2414	Lucía María Mas Boncompte		00:55:48	00:55:16	Senior	40	F	141		A Coruña	00:06:19	00:35:34	00:55:48
777	2212	Marta Guizán Roca		00:55:48	00:55:19	Sub 23	5	F	142		A Coruña	00:06:03	00:35:31	00:55:48
778	2137	Diana Morales Rodríguez	AG2020671	00:55:48	00:55:25	Máster 1	31	F	143	BURGAS ATLETISMO OURENSE	Ourense	00:06:05	00:35:31	00:55:48
779	2232	Soraya Alviárez Milano		00:55:49	00:55:07	Máster 3	12	F	144		Culleredo	00:06:43	00:35:32	00:55:49
780	2103	Pilar Mugica Elorza		00:55:49	00:55:35	Máster 2	53	F	145		A Coruña	00:05:52	00:34:55	00:55:49
781	2138	María Mantiñan Paredes		00:55:53	00:55:21	Máster 1	32	F	146		A Coruña	00:06:08	00:35:22	00:55:53
782	2285	Lucia Cuenda Molinelli		00:55:54	00:55:12	Máster 1	33	F	147		Oleiros	00:06:31	00:35:08	00:55:54
783	3164	Pablo Carpintero Sexto		00:55:54	00:54:56	Máster 2	223	M	636		A Coruña	00:07:15	00:36:26	00:55:54
784	3120	Jesus Freire Pedreira		00:55:55	00:54:56	Máster 3	94	M	637		A Coruña	00:07:17	00:36:27	00:55:55
785	3441	Víctor Díaz-pache Sáenz De Cenzano		00:55:57	00:54:51	Máster 2	224	M	638		A Coruña	00:06:59	00:35:19	00:55:57
786	3168	Lino Alberto Asensio Gomez		00:55:57	00:55:38	Máster 2	225	M	639	Compañía de tranvías	A Coruña	00:05:37	00:34:35	00:55:57
787	2358	Carmen Seoane Dopico		00:55:57	00:55:14	Máster 2	54	F	148	Casino	Arteixo	00:06:37	00:36:02	00:55:57
788	3201	Juan Carlos Dominguez Rodriguez		00:56:00	00:54:59	Máster 3	95	M	640		Cáceres	00:06:58	00:36:10	00:56:00
789	3202	Carlos Gómez Rúa		00:56:00	00:54:59	Máster 2	226	M	641		A Coruña	00:06:59	00:36:13	00:56:00
790	2213	María Teresa Constenla Garaboa		00:56:04	00:55:41	Máster 1	34	F	149		A Coruña	00:05:54	00:35:14	00:56:04
791	3112	Antonio Oscar Constenla Junquera		00:56:05	00:55:42	Máster 4	24	M	642		Vedra	00:05:56	00:35:20	00:56:05

792	2184	Sonia Muñoz Guiance		00:56:07	00:55:38	Máster 2	55	F	150		Carballo	00:06:39	00:35:59	00:56:07
793	2135	Paula Fernández Montalban		00:56:07	00:55:53	Senior	41	F	151		Madrid	00:05:47	00:35:01	00:56:07
794	3233	Ruben Lopez Perez		00:56:09	00:55:35	Máster 2	227	M	643		A Coruña	00:06:25	00:35:29	00:56:09
795	3283	Iago Muleiro		00:56:11	00:55:37	Máster 1	137	M	644	42	Porriño, O	00:05:46	00:34:22	00:56:11
796	2028	Carmen Gómez Puente	AG2022796	00:56:14	00:55:59	Máster 3	13	F	152	Hércules Xtreme	A Coruña	00:05:46	00:35:12	00:56:14
797	3092	Jose Lopez Soto		00:56:17	00:55:49	Máster 3	96	M	645		Oleiros	00:06:09	00:34:39	00:56:17
798	3027	José Manuel Castela Díaz		00:56:17	00:55:17	Máster 3	97	M	646		Nava	00:07:22	00:36:11	00:56:17
799	2388	Mara Barral Rosado		00:56:18	00:55:34	Máster 2	56	F	153		Oleiros	00:06:38	00:35:56	00:56:18
800	3198	Alberto Pensado Castiñeiras		00:56:19	00:55:24	Máster 3	98	M	647		A Coruña	00:07:38	00:36:29	00:56:19
801	2203	Amparo Galindo Castro		00:56:23	00:55:51	Senior	42	F	154		Oleiros	00:06:42	00:36:26	00:56:23
802	2970	Juan Manuel Cano Acevedo		00:56:24	00:55:32	Máster 2	228	M	648	INDEPENDIENTE	Cambre	00:06:46	00:35:46	00:56:24
803	3440	Clemente González Gómez		00:56:25	00:55:48	Máster 1	138	M	649		A Coruña	00:06:21	00:36:54	00:56:25
804	3091	Daniel Cruces		00:56:25	00:55:41	Máster 2	229	M	650		A Coruña	00:06:58	00:36:29	00:56:25
805	3428	Jaime Paz Bustabad		00:56:35	00:55:50	Máster 3	99	M	651		Ferrol	00:06:45	00:35:32	00:56:35
806	3409	Rudi Fc		00:56:41	00:56:01	Senior	153	M	652		A Coruña	00:06:52	00:36:17	00:56:41
807	3193	David Gonzalez Busa		00:56:41	00:56:09	Senior	154	M	653		Cambados	00:06:41	00:36:48	00:56:41
808	2221	Maria Zarzosa Estevez		00:56:41	00:56:08	Senior	43	F	155		A Laracha	00:06:42	00:36:48	00:56:41
809	2169	Beatriz Benito Bañuelos		00:56:43	00:56:10	Máster 2	57	F	156		A Coruña	00:06:19	00:35:40	00:56:43
810	3179	Fernando Sandá Macho		00:56:44	00:55:45	Máster 3	100	M	654		A Coruña	00:06:55	00:35:24	00:56:44
811	3230	Javier Peláez Rodríguez-sedano		00:56:45	00:56:03	Máster 4	25	M	655		A Coruña	00:06:59	00:36:21	00:56:45
812	3199	Carlos Mosquera Montero		00:56:45	00:55:37	Máster 2	230	M	656		A Coruña	00:07:08	00:36:45	00:56:45
813	3282	Noe Vaamonde Blanco		00:56:45	00:55:38	Máster 2	231	M	657		Culleredo	00:07:21	00:36:44	00:56:45
814	3435	Santiago Melo Vázquez		00:56:47	00:55:40	Senior	155	M	658		A Coruña	00:06:59	00:35:23	00:56:47
815	3175	Juan Manuel Pérez Fernandez		00:56:50	00:55:44	Máster 3	101	M	659		A Coruña	00:07:13	00:36:07	00:56:50
816	2147	M.ª Luz Rodríguez García		00:56:52	00:56:20	Máster 2	58	F	157		A Coruña	00:06:19	00:36:21	00:56:52
817	2704	Luis Anguita Juega		00:56:52	00:56:27	Máster 3	102	M	660		Culleredo	00:06:12	00:35:54	00:56:52
818	2936	Oscar Luis Díaz Rodríguez		00:56:52	00:56:12	Máster 1	139	M	661		Arteixo	00:06:48	00:35:58	00:56:52
819	2038	Cristina Gómez Suárez		00:56:53	00:56:42	Senior	44	F	158	CLUB CICLISTA RIAZOR	A Coruña	00:05:45	00:35:38	00:56:53
820	2284	Veronica Feás Saavedra		00:56:54	00:56:13	Máster 3	14	F	159		A Coruña	00:06:43	00:35:54	00:56:54
821	3161	Pablo Caridad		00:56:55	00:56:21	Máster 1	140	M	662		A Coruña	00:06:15	00:35:22	00:56:55
822	3174	Jose Luis Villar Morcillo		00:56:57	00:56:16	Máster 3	103	M	663		A Coruña	00:06:38	00:36:11	00:56:57
823	2199	Cristina Vazquez Febrero		00:56:57	00:56:32	Senior	45	F	160		Arteixo	00:06:23	00:36:03	00:56:57
824	2449	Patricia Iglesias Vieites		00:56:57	00:56:04	Máster 1	35	F	161			00:07:04	00:35:57	00:56:57
825	2928	Javier Palacio Alvarez		00:56:57	00:55:54	Máster 2	232	M	664	INDRA RUNNERS	Oleiros	00:06:53	00:35:27	00:56:57
826	3152	Roberto Ayllón Gómez		00:56:58	00:55:56	Máster 2	233	M	665		Gijón	00:06:52	00:35:25	00:56:58
827	3243	José Pantín López		00:56:58	00:56:06	Máster 4	26	M	666		Narón	00:06:59	00:36:09	00:56:58
828	2411	Cristina Ferreiro Brandón	AG2023244	00:56:58	00:56:39	Máster 1	36	F	162	LA MOCHILA DEL DEPORTE	Oleiros	00:05:46	00:35:26	00:56:58
829	3446	Ana Isabel Lopez Suárez		00:56:59	00:56:12	Máster 2	59	F	163		A Coruña	00:06:52	00:36:23	00:56:59
830	3213	Miguel Angel Gonzalez Talavero		00:57:04	00:56:17	Máster 3	104	M	667	ATLETAS DE ACEA DE AMA	A Coruña	00:06:55	00:36:01	00:57:04
831	3227	José Alberto Lodeiro Sánchez		00:57:05	00:56:33	Máster 3	105	M	668		A Coruña	00:06:12	00:36:27	00:57:05
832	3167	José Manuel Sánchez Vizcaino		00:57:05	00:56:36	Máster 1	141	M	669		Santurtzi	00:06:25	00:36:04	00:57:05
833	2215	Noa Vedia Balañas		00:57:06	00:56:36	Máster 1	37	F	164		Madrid	00:06:26	00:36:04	00:57:06
834	2308	Celia Lado Pais		00:57:06	00:56:20	Máster 2	60	F	165		Culleredo	00:06:54	00:36:09	00:57:06
835	3255	Angel Pombo Castro		00:57:08	00:56:39	Máster 2	234	M	670	CLUB ATLETISMO SADA	Sada	00:06:36	00:37:15	00:57:08

836	2204	Luisa Iglesias Villanueva	AG2020399	00:57:09	00:56:44	Máster 1	38	F	166	CLUB ATLETISMO INDEPENDIENTE A ESTRADA	Pobra Do Caramiñal, A	00:06:30	00:36:46	00:57:09
837	2276	Susana Arteche Castro		00:57:09	00:56:32	Máster 2	61	F	167		Fene	00:06:59	00:37:21	00:57:09
838	3206	Jose Antonio Lopez Lopez		00:57:10	00:56:11	Máster 3	106	M	671		A Coruña	00:07:13	00:36:17	00:57:10
839	3082	Alejandro Loureda Alvarez		00:57:12	00:56:52	Máster 2	235	M	672		A Coruña	00:06:21	00:36:53	00:57:12
840	3248	Santiago Álvarez Martínez		00:57:14	00:56:26	Senior	156	M	673		A Coruña	00:06:59	00:36:38	00:57:14
841	3159	Miguel Andrade Vázquez		00:57:14	00:56:11	Senior	157	M	674		Melide	00:06:55	00:36:12	00:57:14
842	2387	Sonia Maria Candamio Folgar		00:57:15	00:56:30	Máster 3	15	F	168	Sporting Club Casino	A Coruña	00:06:38	00:36:18	00:57:15
843	3145	Manuel Juan Blanco Gabin		00:57:15	00:56:15	Máster 3	107	M	675		Betanzos	00:07:18	00:36:49	00:57:15
844	3139	Santiago Eiris Lopez		00:57:16	00:56:29	Máster 3	108	M	676		A Coruña	00:06:48	00:36:34	00:57:16
845	2293	Adela Paz Fernandez		00:57:16	00:56:33	Senior	46	F	169		Ares	00:06:43	00:35:36	00:57:16
846	2159	María Teresa Romero Ramos		00:57:16	00:56:19	Senior	47	F	170		A Coruña	00:07:18	00:36:42	00:57:16
847	3180	Nicolás Alejandro Tripodi		00:57:16	00:56:20	Senior	158	M	677		A Coruña	00:07:20	00:36:45	00:57:16
848	2460	Carlos Atanes Gomex	GA769089	00:57:16	00:56:33	Máster 3	109	M	678	CLUB ATLETISMO CORUÑA COMARCA	A Coruña	00:06:39	00:36:16	00:57:16
849	2202	Inmaculada Lopez Vidal		00:57:17	00:56:49	Máster 2	62	F	171		A Coruña	00:06:35	00:36:51	00:57:17
850	3015	José Manuel Garcia Castro		00:57:19	00:56:26	Máster 3	110	M	679		Culleredo	00:06:44	00:36:29	00:57:19
851	2093	Cris Alonso Fernandez		00:57:22	00:57:04	Máster 3	16	F	172		Rúa, A	00:06:13	00:36:00	00:57:22
852	2178	Ana Lago Neira		00:57:23	00:57:01	Máster 1	39	F	173		A Coruña	00:06:08	00:35:32	00:57:23
853	3373	Antonio Fernández Carreira		00:57:23	00:56:24	Máster 3	111	M	680		Ferrol	00:07:22	00:37:07	00:57:23
854	3192	Blas Miguel García García		00:57:25	00:56:33	Senior	159	M	681		Barquisimeto	00:07:00	00:36:24	00:57:25
855	2230	Lara Pallas Quintela		00:57:27	00:56:37	Sub 23	6	F	174		Carballo	00:07:08	00:37:25	00:57:27
856	3253	Alberto Martín Rodríguez		00:57:30	00:56:26	Máster 1	142	M	682		A Coruña	00:07:24	00:36:52	00:57:30
857	3254	Juan Carlos Taboada Rivadulla		00:57:31	00:56:43	Máster 2	236	M	683	INDEPENDIENTE	Oleiros	00:07:12	00:37:16	00:57:31
858	2032	Estibaliz Díaz Balboa		00:57:32	00:57:11	Senior	48	F	175		Ponferrada	00:06:02	00:36:54	00:57:32
859	2186	Luisa Alvarez Freitas		00:57:32	00:57:11	Senior	49	F	176		A Coruña	00:06:03	00:36:53	00:57:32
860	2187	Angela Vazquez Vidal		00:57:32	00:57:11	Máster 1	40	F	177		A Coruña	00:06:05	00:36:52	00:57:32
861	2456	María Nieves Moreno Fernández		00:57:34	00:56:57	Máster 2	63	F	178		Frankfurt Am Main	00:06:54	00:36:16	00:57:34
862	3278	Aitor Guinea Unzalu		00:57:36	00:56:37	Máster 2	237	M	684		A Coruña	00:07:02	00:36:31	00:57:36
863	2098	Patricia Barreira Rodríguez		00:57:37	00:57:24	Máster 2	64	F	179		A Coruña	00:06:04	00:36:31	00:57:37
864	2297	Laura Delgado Represas		00:57:39	00:56:53	Senior	50	F	180		A Coruña	00:07:02	00:36:39	00:57:39
865	2227	Tania Martínez Ramilo		00:57:39	00:57:00	Máster 2	65	F	181		Miño	00:06:39	00:36:21	00:57:39
866	2291	Lourdes Pereira Beceiro		00:57:42	00:56:50	Máster 2	66	F	182	Corre ub	Ferrol	00:06:58	00:37:04	00:57:42
867	2231	Sara Oliveira		00:57:43	00:57:05	Sub 20	2	F	183		Porto	00:06:28	00:35:16	00:57:43
868	3413	Iván Marcos Pazos		00:57:43	00:57:06	Senior	160	M	685		A Coruña	00:06:22	00:36:56	00:57:43
869	2155	Lucía Vázquez Blanco		00:57:44	00:57:13	Senior	51	F	184		A Coruña	00:06:47	00:36:20	00:57:44
870	3388	Luis Fernández		00:57:44	00:57:04	Máster 2	238	M	686		Cambre	00:06:38	00:36:29	00:57:44
871	2059	Mónica Rodríguez García		00:57:44	00:57:14	Máster 2	67	F	185		A Coruña	00:06:48	00:36:27	00:57:44
872	2191	Cristina Suárez Fraga		00:57:45	00:57:19	Máster 1	41	F	186		Rúa, A	00:05:50	00:36:07	00:57:45
873	2407	Paula Carregal Somme		00:57:46	00:57:26	Sub 23	7	F	187	Club Sysca	A Coruña	00:05:54	00:36:34	00:57:46
874	3238	Angel Delgado Barona		00:57:49	00:56:59	Máster 2	239	M	687	Los Pezes	A Coruña	00:06:56	00:36:33	00:57:49
875	2166	María Jesus Rey Rodriguez		00:57:52	00:57:29	Máster 2	68	F	188	SOCIEDADE DEPORTIVA BARBANTIA RODA	Rianxo	00:05:59	00:35:48	00:57:52
876	2435	Teresa Galman Souto		00:57:53	00:57:24	Máster 3	17	F	189	CLUB ATLETISMO SADA	Sada	00:06:05	00:35:45	00:57:53
877	3386	César Diego Durán		00:57:56	00:56:52	Máster 1	143	M	688		A Coruña	00:07:37	00:38:17	00:57:56
878	2459	Lorena Abeledo		00:57:56	00:57:20	Senior	52	F	190		A Coruña	00:06:46	00:36:53	00:57:56
879	2901	Fabián Valcárcel Martínez		00:57:56	00:57:20	Senior	161	M	689		A Coruña	00:06:48	00:36:59	00:57:56

880	3182	Miguel Angel Gonzalez Roca		00:57:59	00:57:05	Máster 4	27	M	690		Monforte De Lemos	00:07:19	00:36:50	00:57:59
881	3246	Manuel Fernández Suárez		00:57:59	00:57:10	Máster 2	240	M	691		Culleredo	00:07:07	00:37:17	00:57:59
882	2953	Daniel Juan Otero		00:57:59	00:56:51	Máster 2	241	M	692		A Coruña	00:07:20	00:36:51	00:57:59
883	3223	Manuel Blanco Parada		00:57:59	00:57:06	Máster 2	242	M	693	CLUB RIALTO	A Coruña	00:07:20	00:36:51	00:57:59
884	3284	Alberto Davila González		00:58:00	00:57:05	Senior	162	M	694		A Coruña	00:07:07	00:37:02	00:58:00
885	2125	Ana Belen Hermida Carballo	AG2016960	00:58:00	00:57:43	Máster 1	42	F	191	LA MOCHILA DEL DEPORTE	A Coruña	00:05:50	00:36:24	00:58:00
886	2290	Mercedes Fernandez Marta		00:58:01	00:57:22	Senior	53	F	192		A Coruña	00:07:03	00:37:06	00:58:01
887	2223	Mária Hermida Carballo	AG2016976	00:58:01	00:57:43	Máster 2	69	F	193	LA MOCHILA DEL DEPORTE	A Coruña	00:05:51	00:36:24	00:58:01
888	2055	Sabela Paz Fraga	GA769187	00:58:02	00:57:34	Senior	54	F	194	3&RUN BY PEDRO NIMO CLUB DE CORREDORES	A Coruña	00:06:48	00:37:05	00:58:02
889	2039	Paula González Pazos		00:58:02	00:57:53	Máster 1	43	F	195	Clube Atletismo Fene	Fene	00:05:46	00:36:18	00:58:02
890	2170	Ana De Paz		00:58:02	00:57:34	Senior	55	F	196		A Coruña	00:06:50		00:58:02
891	2444	Beatriz Fernandez Marta		00:58:02	00:57:25	Senior	56	F	197			00:07:03	00:37:02	00:58:02
892	2452	Amparo Díaz González		00:58:03	00:57:09	Senior	57	F	198		Jaén	00:07:57	00:38:30	00:58:03
893	3051	Martín López Castro		00:58:04	00:57:01	Máster 2	243	M	695		A Coruña	00:08:09	00:37:58	00:58:04
894	2442	Ángeles Respino Souto		00:58:06	00:57:26	Máster 2	70	F	199		A Coruña	00:06:35	00:36:37	00:58:06
895	3393	Moncho Mosquera Pan		00:58:06	00:57:15	Máster 3	112	M	696	TERMARIA RUNNING	Miño	00:06:47	00:36:52	00:58:06
896	3225	Jose Antonio Bocelo Prieto		00:58:12	00:57:24	Máster 3	113	M	697		Cambre	00:07:00	00:37:20	00:58:12
897	3335	Javier De La Fuente Andres		00:58:14	00:57:33	Máster 1	144	M	698		Santander	00:06:36	00:36:39	00:58:14
898	2454	Manuela Filgueiras Barro		00:58:18	00:57:49	Máster 3	18	F	200		Culleredo	00:06:30	00:36:16	00:58:18
899	2676	Alberto Lopez Filgueiras		00:58:18	00:57:50	Máster 1	145	M	699		Valladolid	00:06:29	00:36:15	00:58:18
900	2245	Gabriela Casares Fanzeres		00:58:19	00:57:46	Senior	58	F	201		A Coruña	00:06:50	00:37:09	00:58:19
901	3042	Eduardo Gomez Ramos		00:58:21	00:57:56	Máster 1	146	M	700		Oleiros	00:06:03	00:36:24	00:58:21
902	2188	Patricia Reiriz		00:58:31	00:57:40	Senior	59	F	202		A Coruña	00:07:10	00:37:39	00:58:31
903	2967	Jose Suarez Nuñez		00:58:31	00:57:42	Máster 2	244	M	701	Nosportlimit	A Coruña	00:07:08	00:37:41	00:58:31
904	3437	Jesús García Silva		00:58:31	00:57:34	Máster 3	114	M	702		Oleiros	00:07:12	00:37:21	00:58:31
905	2096	Marta Castro		00:58:32	00:58:05	Máster 1	44	F	203	Club Hércules Termaria	A Coruña	00:06:58	00:37:29	00:58:32
906	2027	Marlen Trucios		00:58:33	00:58:05	Máster 1	45	F	204	Club Hércules Termaria	A Coruña	00:06:56	00:37:33	00:58:33
907	2278	Cruz Rodriguez Suarez		00:58:33	00:57:46	Máster 2	71	F	205	ATLETAS DE ACEA DE AMA	A Coruña	00:07:00	00:37:06	00:58:33
908	2396	Alejandra Fernández Álvarez		00:58:33	00:58:04	Máster 2	72	F	206	CLUB ATLETISMO SADA	Sada	00:06:35	00:37:17	00:58:33
909	2874	Jaco Sánchez-bálgoma		00:58:33	00:57:43	Máster 2	245	M	703	No sport limit	A Coruña	00:07:11	00:37:42	00:58:33
910	3033	Antonio Grela Vilared		00:58:33	00:57:27	Máster 1	147	M	704		Carral	00:07:23	00:37:11	00:58:33
911	3109	José Antonio Rocha Fernández		00:58:36	00:57:42	Máster 2	246	M	705		A Coruña	00:06:49	00:37:00	00:58:36
912	2173	Susana Goyanes Martínez		00:58:39	00:58:11	Máster 2	73	F	207	RUNNING OLEIROS	A Coruña	00:06:45	00:37:24	00:58:39
913	2050	Bego Lois		00:58:39	00:58:12	Máster 2	74	F	208	RUNNING OLEIROS	A Coruña	00:06:45	00:37:24	00:58:39
914	2403	Cristina Sáenz-chas Pérez		00:58:42	00:58:08	Senior	60	F	209		Santiago De Compostela	00:06:50	00:37:31	00:58:42
915	3218	Juan Alvarez Rodríguez		00:58:44	00:58:05	Máster 1	148	M	706		Bergondo	00:06:26	00:35:42	00:58:44
916	3264	Ángel Hermida Otero		00:58:47	00:58:00	Máster 2	247	M	707		Leiro	00:07:02	00:37:50	00:58:47
917	2218	Sara Salgado Martín		00:58:48	00:58:02	Senior	61	F	210		A Coruña	00:07:11	00:37:56	00:58:48
918	3138	Antonio Corral Ossorio		00:58:48	00:58:02	Máster 2	248	M	708		A Coruña	00:07:12	00:37:56	00:58:48
919	3053	Germán Salgado Velasco		00:58:48	00:58:02	Máster 4	28	M	709		Ponferrada	00:07:12	00:37:36	00:58:48
920	2268	Marta Freire Martinez		00:58:49	00:57:58	Máster 1	46	F	211		Oleiros	00:07:11	00:38:09	00:58:49
921	2163	Carmen Gonzalez Valles		00:58:49	00:57:51	Senior	62	F	212	Vigoentrena	A Coruña	00:07:25	00:37:58	00:58:49
922	3379	Sergio López De León		00:58:50	00:57:52	Sub 20	3	M	710		A Coruña	00:07:45	00:38:04	00:58:50
923	3347	Alberto Villaverde Caridad		00:58:50	00:57:53	Sub 20	4	M	711		A Coruña	00:07:42	00:38:03	00:58:50

924	3236	Pablo Cañas Couselo		00:58:54	00:57:52	Máster 2	249	M	712		A Coruña	00:06:48	00:36:42	00:58:54
925	3250	Raúl Galán Cerveró		00:58:56	00:58:11	Máster 3	115	M	713		A Coruña	00:06:50	00:37:00	00:58:56
926	3124	David Suárez Vicente		00:58:57	00:58:03	Máster 2	250	M	714		Gijón	00:07:23	00:37:49	00:58:57
927	2408	Belen Pose Gómez		00:58:58	00:58:14	Máster 2	75	F	213		A Coruña	00:06:58	00:37:30	00:58:58
928	2083	Lidia Ferreira		00:59:00	00:58:41	Senior	63	F	214		Caldas De S.jorge	00:06:21	00:37:20	00:59:00
929	2252	Vanesa Felpeto Babío		00:59:07	00:58:20	Senior	64	F	215		Santiago De Compostela	00:07:02	00:37:28	00:59:07
930	2277	Angeles Área Teijeiro		00:59:11	00:58:43	Máster 3	19	F	216		A Coruña	00:06:46	00:37:55	00:59:11
931	2197	Beatriz Gonzalez Fraga		00:59:12	00:58:37	Máster 1	47	F	217		Arteixo	00:06:56	00:37:30	00:59:12
932	2428	Olga Dasilva Fernández		00:59:14	00:58:31	Máster 1	48	F	218	Acade	A Coruña	00:07:06	00:39:08	00:59:14
933	2233	Laura Vilela Regueiro		00:59:14	00:58:39	Máster 1	49	F	219		A Coruña	00:06:52	00:37:34	00:59:14
934	2352	Paz Torres Escubós		00:59:16	00:58:34	Senior	65	F	220		Barcelona	00:07:08	00:38:00	00:59:16
935	3311	Pablo Rodríguez Ferrío		00:59:23	00:58:45	Senior	163	M	715		A Coruña	00:06:19	00:36:38	00:59:23
936	2306	Noemi Rodriguez Conde		00:59:26	00:58:41	Máster 1	50	F	221		A Coruña	00:06:47	00:37:34	00:59:26
937	3084	Iván Noguero Díaz		00:59:28	00:58:28	Senior	164	M	716		Oza Dos Ríos	00:06:51	00:36:55	00:59:28
938	2236	Ana Barreiro Núñez	AG2020316	00:59:29	00:59:09	Máster 2	76	F	222	LA MOCHILA DEL DEPORTE	A Coruña	00:06:47	00:38:30	00:59:29
939	2258	Rosario Garcia		00:59:31	00:58:50	Máster 2	77	F	223		A Coruña	00:06:56	00:37:43	00:59:31
940	2259	Rosana García A		00:59:31	00:58:50	Senior	66	F	224		A Coruña	00:06:56	00:37:46	00:59:31
941	2183	Vanesa Anido Nieto		00:59:32	00:59:03	Senior	67	F	225	A.D. MEDIA DUCIA	Carballo	00:06:41	00:37:15	00:59:32
942	2335	Anabel Caamaño Bermudez		00:59:33	00:58:50	Máster 1	51	F	226		Arteixo	00:06:59	00:37:43	00:59:33
943	2244	María José Zas Castro		00:59:35	00:59:01	Máster 3	20	F	227		A Coruña	00:06:41	00:37:28	00:59:35
944	3340	Iván Baamonde De La Torre		00:59:41	00:58:57	Máster 2	251	M	717		Oleiros	00:06:37	00:37:09	00:59:41
945	2370	Cristina Fernández Fernández	AG2023243	00:59:43	00:59:25	Senior	68	F	228	LA MOCHILA DEL DEPORTE	Culleredo	00:05:52	00:36:55	00:59:43
946	3214	Mario Sierra Hernandez		00:59:45	00:58:50	Máster 3	116	M	718		A Coruña	00:07:15	00:38:30	00:59:45
947	2351	Sonia Ruiz Vargas		00:59:45	00:58:58	Máster 2	78	F	229		Coirós	00:07:02	00:37:27	00:59:45
948	2143	Elena Pereira Bernardez		00:59:46	00:59:02	Máster 2	79	F	230	CLUB ATLETISMO SADA	A Coruña	00:06:57	00:37:44	00:59:46
949	3249	Julio Escalante Diego	AG2021344	00:59:46	00:59:03	Máster 3	117	M	719	CLUB ATLETISMO SADA	Bergondo	00:06:57	00:37:44	00:59:46
950	3252	Andrés García Peralbo		00:59:52	00:58:55	Máster 2	252	M	720		Madrid	00:07:09	00:37:52	00:59:52
951	2126	Ana Vigo Barreira		00:59:53	00:59:25	Máster 2	80	F	231	RUNNING OLEIROS		00:06:45	00:37:54	00:59:53
952	2194	Sara Barreira Blanco		00:59:53	00:59:25	Máster 4	4	F	232	RUNNING OLEIROS	A Coruña	00:06:45	00:37:53	00:59:53
953	2256	Marta González Ramos	AG2021626	00:59:54	00:59:33	Máster 2	81	F	233	LA MOCHILA DEL DEPORTE	A Coruña	00:06:46	00:38:12	00:59:54
954	2720	Juan Puente Rapela		00:59:54	00:59:34	Máster 2	253	M	721		A Coruña	00:06:47	00:38:15	00:59:54
955	3200	Jorge García Rodríguez		01:00:04	00:58:59	Máster 2	254	M	722		A Coruña	00:07:08	00:37:29	01:00:04
956	2312	Marta Palleiro Abella		01:00:06	00:59:08	Senior	69	F	234		A Coruña	00:07:23	00:38:00	01:00:06
957	2157	Sonia Chaves Fornell		01:00:06	00:59:38	Máster 2	82	F	235	CLUB ATLETISMO DIVINA PASTORA CADIZ	Chiclana De La Frontera	00:06:31	00:37:30	01:00:06
958	2318	Jessica Vazquez Montes		01:00:08	00:59:25	Máster 1	52	F	236		Arteixo	00:07:22	00:39:18	01:00:08
959	2348	Berta Martínez Rama		01:00:13	00:59:11	Máster 2	83	F	237		Arteixo	00:07:46	00:39:14	01:00:13
960	3280	Iago Fontenla Santiso		01:00:14	00:59:23	Máster 1	149	M	723		Culleredo	00:07:09	00:37:52	01:00:14
961	2427	Deisy Fernández Fernández	AG2023246	01:00:16	00:59:58	Senior	70	F	238	LA MOCHILA DEL DEPORTE	Oleiros	00:05:59	00:37:14	01:00:16
962	2381	Natalia García Feijóo De Sotomayor	AG2018885	01:00:19	00:59:59	Máster 2	84	F	239	LA MOCHILA DEL DEPORTE	Bergondo	00:06:48	00:38:31	01:00:19
963	3378	Ricardo Blanco Chao		01:00:21	00:59:31	Senior	165	M	724		Oleiros	00:07:19	00:38:30	01:00:21
964	3165	Manuel García García		01:00:22	00:59:27	Máster 4	29	M	725		A Coruña	00:07:15	00:38:42	01:00:22
965	3247	Alvaro Pernas Calderón		01:00:23	00:59:49	Máster 1	150	M	726		Oleiros	00:06:44	00:37:49	01:00:23
966	2246	Eider Gogorza Olazabal		01:00:26	00:59:53	Máster 2	85	F	240	HÉRCULES XTRM	A Coruña	00:06:58	00:38:51	01:00:26
967	3242	Diego Conde Santos		01:00:27	00:59:51	Máster 2	255	M	727		A Coruña	00:06:19	00:37:13	01:00:27

968	3210	Jose Antonio Alonso García		01:00:27	00:59:28	Senior	166	M	728		A Coruña	00:07:05	00:37:20	01:00:27
969	2216	Mercedes Fajardo Moreno	AG2024028	01:00:27	00:59:42	Máster 3	21	F	241	CLUB ATLETISMO SADA	Oleiros	00:07:03	00:37:58	01:00:27
970	2294	María Belen Rey Asensio		01:00:28	00:59:33	Máster 2	86	F	242		A Coruña	00:07:17	00:38:38	01:00:28
971	3410	Javier Pereira González	AG2024029	01:00:28	00:59:43	Máster 3	118	M	729	CLUB ATLETISMO SADA	Oza Dos Ríos	00:07:06	00:39:26	01:00:28
972	3363	Jesus Manuel Cousillas Dourado		01:00:28	00:59:22	Senior	167	M	730		A Coruña	00:07:18	00:38:17	01:00:28
973	2101	Sabrina Rumbo Roel		01:00:28	00:59:35	Máster 1	53	F	243	Nosportlimit	A Coruña	00:07:16	00:38:33	01:00:28
974	2091	Begoña Manteiga Urbón		01:00:28	00:59:43	Máster 2	87	F	244	CLUB ATLETISMO SADA	Cambre	00:07:03	00:37:53	01:00:28
975	2362	María Teresa Alarcón Urosa		01:00:28	00:59:34	Máster 2	88	F	245		A Coruña	00:07:16	00:38:39	01:00:28
976	2457	Fátima Cambón Cotelo		01:00:31	00:59:29	Senior	71	F	246		Arteixo	00:07:46	00:39:14	01:00:31
977	3183	Ignacio Ruiz Buján		01:00:32	00:59:44	Máster 2	256	M	731	ASOCIACION DEPORTIVA ATLETICA DO SIL (ADAS)	Barco De Valdeorras, O	00:07:17	00:38:55	01:00:32
978	2301	Carmen Pasandin Peteiro		01:00:32	00:59:50	Máster 1	54	F	247	NO SPORT LIMIT	A Coruña	00:07:08	00:38:52	01:00:32
979	2257	Silvia Candia Expósito		01:00:32	00:59:44	Máster 1	55	F	248		A Coruña	00:07:16	00:38:57	01:00:32
980	3077	Ivan Cambre Losada		01:00:34	00:59:58	Máster 1	151	M	732		A Coruña	00:06:57	00:38:25	01:00:34
981	2326	Iria Quintana Castro		01:00:35	00:59:58	Máster 1	56	F	249		A Coruña	00:06:56	00:38:26	01:00:35
982	2196	Veronica Mosquera Silva		01:00:40	00:59:55	Máster 1	57	F	250	Nosportlimit	A Coruña	00:07:09	00:38:44	01:00:40
983	3298	Luis Salgado Abelleira	AG2024025	01:00:41	01:00:11	Máster 4	30	M	733	CLUB ATLETISMO SADA	Oleiros	00:06:40	00:38:22	01:00:41
984	2229	Claudia Ivette Azaña García		01:00:42	00:59:38	Máster 1	58	F	251	HÉRCULES ATLETISMO	Lima	00:07:11	00:38:18	01:00:42
985	2959	Xabier Rivas Martínez		01:00:42	00:59:37	Senior	168	M	734	HÉRCULES ATLETISMO	Sondika	00:07:08	00:38:15	01:00:42
986	2295	María Jesus Asorey Sesto		01:00:44	00:59:55	Máster 2	89	F	252		Oleiros	00:07:11	00:38:08	01:00:44
987	2108	Marta Fernández Morales		01:00:47	00:59:53	Máster 2	90	F	253		Gijón	00:07:24	00:38:38	01:00:47
988	3191	Gonzalo Rey Abelaira		01:00:51	01:00:06	Senior	169	M	735	No tengo club.	A Coruña	00:07:19	00:38:33	01:00:51
989	2275	Isabel Rey Abelaira		01:00:51	01:00:06	Senior	72	F	254		A Coruña	00:07:18	00:38:34	01:00:51
990	2365	Isabel Grueiro Acción		01:00:51	00:59:46	Senior	73	F	255		Narón	00:07:36	00:39:07	01:00:51
991	2366	Miriam Calderón Lourido		01:00:51	00:59:48	Senior	74	F	256		Narón	00:07:36	00:39:08	01:00:51
992	3062	Fernando Rey Miguez		01:00:52	01:00:07	Máster 3	119	M	736	No pertenezco a ningún club	A Coruña	00:07:18	00:38:36	01:00:52
993	3304	Javier Villas Pedruelo		01:00:55	00:59:58	Máster 3	120	M	737	INDEPENDIENTE	A Coruña	00:07:16	00:38:52	01:00:55
994	2247	Anita Méndez Castro		01:00:56	01:00:10	Máster 2	91	F	257		A Coruña	00:07:06	00:38:54	01:00:56
995	2251	Eva Iglesias Reboredo		01:00:56	01:00:10	Máster 2	92	F	258	NINGIUNO	A Coruña	00:07:05	00:38:52	01:00:56
996	2437	Isabel Pereiro Portos		01:01:02	01:00:23	Máster 1	59	F	259		A Coruña	00:06:36	00:38:00	01:01:02
997	2395	Paula Amado Lopez		01:01:05	01:00:35	Máster 2	93	F	260		A Coruña	00:06:31	00:39:04	01:01:05
998	2089	Cristina Vence Miñones		01:01:06	01:00:09	Máster 2	94	F	261		Telde	00:07:34	00:38:59	01:01:06
999	2354	María Loreto Silvosu Fuentes		01:01:17	01:00:32	Máster 2	95	F	262		A Coruña	00:06:48	00:38:21	01:01:17
1000	3169	Jordi Curros Domenech		01:01:22	01:00:21	Máster 2	257	M	738	A.D. Cerne	A Coruña	00:07:08	00:37:54	01:01:22
1001	3372	Matías Ramos Arjona		01:01:23	01:00:48	Máster 3	121	M	739		Torrejón De Ardoz	00:06:48	00:38:22	01:01:23
1002	2270	Susana Vigo Monzon		01:01:23	01:00:48	Máster 1	60	F	263		Alcalá De Henares	00:06:46	00:38:25	01:01:23
1003	3263	Santiago Valencia Vila		01:01:26	01:00:27	Máster 2	258	M	740		A Coruña	00:07:21	00:39:14	01:01:26
1004	3220	Antonio Ciudad Pereira		01:01:28	01:00:37	Máster 4	31	M	741	PATUKOS TIM RANIN	A Coruña	00:07:16	00:39:09	01:01:28
1005	2200	Cristina Ferreiro Muñiz		01:01:29	01:00:40	Máster 2	96	F	264		A Coruña	00:06:59	00:38:32	01:01:29
1006	3190	Carlos Carrodegas Abadin		01:01:32	01:00:40	Máster 4	32	M	742		A Coruña	00:07:21	00:39:10	01:01:32
1007	2182	Gema González Antelo	AG2025390	01:01:34	01:01:14	Máster 2	97	F	265	LA MOCHILA DEL DEPORTE	A Coruña	00:06:30	00:37:56	01:01:34
1008	2090	Francisca Piñeyro Molina		01:01:36	01:00:38	Máster 1	61	F	266		A Coruña	00:07:40	00:39:34	01:01:36
1009	2286	Lucía Pedreira Fuentes		01:01:36	01:00:37	Máster 1	62	F	267		A Coruña	00:07:42	00:39:39	01:01:36
1010	3408	Jose Luis Veiga Castiblanquez		01:01:37	01:00:45	Máster 4	33	M	743		A Coruña	00:07:07	00:39:06	01:01:37
1011	3189	Luis Alberto Lopez Vidal		01:01:38	01:01:01	Máster 2	259	M	744		A Coruña	00:07:03	00:40:49	01:01:38

1012	3286	Fernando Vazquez Rua		01:01:42	01:00:43	Senior	170	M	745		A Coruña	00:07:42	00:39:36	01:01:42
1013	2434	Sabela Gonzalez Martinez		01:01:48	01:00:57	Senior	75	F	268		A Coruña	00:07:21	00:39:37	01:01:48
1014	3079	Oscar Galan Adegas		01:01:48	01:00:56	Senior	171	M	746		A Coruña	00:07:20	00:39:37	01:01:48
1015	3195	José Andrés Mondelo González		01:01:54	01:01:36	Máster 3	122	M	747		A Coruña	00:06:24	00:39:15	01:01:54
1016	3301	Juan González-moro Méndez		01:01:57	01:01:22	Máster 2	260	M	748		Oleiros	00:07:06	00:39:17	01:01:57
1017	2344	Ana Toubes Carballera		01:01:58	01:01:13	Máster 2	98	F	269	CLUB ATLETISMO SADA	Oleiros	00:07:05	00:39:33	01:01:58
1018	2429	Rocio Carral Seijas		01:01:58	01:01:02	Senior	76	F	270		A Coruña	00:07:31	00:39:24	01:01:58
1019	2305	Isabel Sá		01:01:59	01:01:22	Máster 2	99	F	271		Porto	00:06:42	00:38:28	01:01:59
1020	2441	Rebeca Pelaez Suarez		01:02:00	01:01:21	Senior	77	F	272		A Coruña	00:06:53	00:38:39	01:02:00
1021	3295	João Carlos Pinto Da Cunha Pimenta		01:02:02	01:01:27	Máster 3	123	M	749		Oleiros	00:06:54	00:38:53	01:02:02
1022	2226	Natalia Sanmartin Otero		01:02:04	01:01:14	Senior	78	F	273		Redondela	00:07:18	00:39:07	01:02:04
1023	3288	Sergio López Rey		01:02:07	01:01:16	Máster 1	152	M	750	PATUKOS TIM RANIN	A Coruña	00:07:15	00:39:53	01:02:07
1024	2401	Lucia Piay Seijo		01:02:10	01:01:37	Senior	79	F	274		Oleiros	00:06:50	00:39:08	01:02:10
1025	3163	Antonio Aneiros Rey		01:02:12	01:01:18	Máster 4	34	M	751	SANTA MARIA DEL MAR	Ferrol	00:07:15	00:39:05	01:02:12
1026	2238	Belen Aneiros Rey		01:02:13	01:01:20	Máster 2	100	F	275		Narón	00:07:13	00:39:07	01:02:13
1027	2303	Mely Mejjide Martinez		01:02:18	01:01:34	Máster 3	22	F	276	CLUB ATLETISMO SADA	Oleiros	00:06:56	00:38:29	01:02:18
1028	3232	David García Gacio		01:02:27	01:01:42	Máster 1	153	M	752		Mondoñedo	00:07:03	00:39:04	01:02:27
1029	2282	Sandra Lema Ozón		01:02:29	01:01:47	Senior	80	F	277	A.D.JARNACHAS	Arteixo	00:07:14	00:39:21	01:02:29
1030	3398	Jose Manuel Platas Mancho		01:02:31	01:01:35	Máster 2	261	M	753			00:07:31	00:39:29	01:02:31
1031	2255	María Del Carmen Miranda Amado		01:02:33	01:01:54	Máster 3	23	F	278		A Coruña	00:07:31	00:39:50	01:02:33
1032	2432	Mónica Álvarez Torres		01:02:33	01:01:55	Máster 2	101	F	279		Vigo	00:07:33	00:39:58	01:02:33
1033	2082	Sonia María Carro Rios		01:02:33	01:02:12	Máster 2	102	F	280		A Coruña	00:06:15	00:38:34	01:02:33
1034	2198	Iria Fernandez Rodriguez		01:02:33	01:01:55	Senior	81	F	281		A Coruña	00:07:33	00:39:52	01:02:33
1035	2254	Isabel Domínguez García		01:02:34	01:01:56	Máster 3	24	F	282		A Coruña	00:07:34	00:39:59	01:02:34
1036	2430	Inma Collazo Costa		01:02:36	01:01:53	Senior	82	F	283		Cabana De Bergantiños	00:07:13	00:39:22	01:02:36
1037	2309	María Jesus Duran Formoso		01:02:37	01:01:57	Máster 2	103	F	284		Narón	00:07:04	00:40:29	01:02:37
1038	2349	Ana Maria Ramos Montes		01:02:37	01:01:57	Máster 1	63	F	285		Narón	00:07:03	00:40:29	01:02:37
1039	3420	Pedro Luis Fernandez Suarez		01:02:37	01:01:41	Máster 3	124	M	754		A Coruña	00:07:15	00:39:31	01:02:37
1040	2260	Ana Sanchez Julian		01:02:39	01:01:55	Máster 2	104	F	286	CLUB ATLETISMO SADA		00:06:58	00:38:58	01:02:39
1041	2195	María Del Rosario Crespo Merelas		01:02:52	01:01:55	Máster 3	25	F	287		A Coruña	00:07:34	00:39:37	01:02:52
1042	3461	Jose Manuel Pose Carro		01:03:01	01:02:08	Máster 4	35	M	755		Culleredo	00:07:34	00:40:18	01:03:01
1043	3239	Juan Manuel Abruñedo Fernández		01:03:04	01:02:06	Máster 3	125	M	756		A Coruña	00:07:31	00:40:01	01:03:04
1044	3300	Fernando Dato		01:03:07	01:02:14	Máster 1	154	M	757		A Coruña	00:07:12	00:39:32	01:03:07
1045	2355	Lorena Rivas López-carballo		01:03:08	01:02:10	Senior	83	F	288		Santiago De Compostela	00:07:47	00:40:33	01:03:08
1046	2314	Belen Ferreiro Garea		01:03:12	01:02:40	Máster 2	105	F	289		A Coruña	00:06:44	00:39:19	01:03:12
1047	2220	Begoña Sánchez Zabala		01:03:13	01:02:17	Máster 3	26	F	290		A Coruña	00:07:20	00:39:50	01:03:13
1048	2210	Raluca Mihaela Poenar		01:03:13	01:02:17	Senior	84	F	291	Nosportlimit	A Coruña	00:07:19	00:39:45	01:03:13
1049	3345	Juan Gabriel Fernandez Vazquez		01:03:23	01:02:48	Máster 1	155	M	758		Llanes	00:07:05	00:39:55	01:03:23
1050	2139	María Gayol Rodriguez		01:03:23	01:02:49	Máster 1	64	F	292	INDEPENDIENTE	Llanes	00:07:05	00:39:52	01:03:23
1051	3330	Sergio Porto Calvo		01:03:33	01:02:25	Máster 2	262	M	759		A Coruña	00:07:36	00:39:39	01:03:33
1052	3375	Rafael Regueira Canosa		01:03:34	01:02:43	Máster 2	263	M	760		A Coruña	00:07:10	00:39:50	01:03:34
1053	3287	Ruben Fiuzas Canosa		01:03:34	01:03:21	Senior	172	M	761	Fiuzas Obxectivo Aplastar a Guille	Cee	00:05:33	00:38:52	01:03:34
1054	2453	Beatriz Mira Lopez		01:03:44	01:02:58	Máster 1	65	F	293		A Coruña	00:07:38	00:41:23	01:03:44
1055	2438	Fina Allegue		01:03:48	01:03:05	Máster 2	106	F	294		Ferrol	00:07:08	00:39:40	01:03:48



1056	2283	Beatriz González Maceira		01:03:54	01:03:21	Máster 2	107	F	295	RUNNING OLEIROS	A Coruña	00:06:52	00:41:40	01:03:54
1057	2296	Marta María Fernández-tafall Salgado		01:03:57	01:03:22	Máster 2	108	F	296		Oleiros	00:07:02	00:39:55	01:03:57
1058	3297	Jose Manuel Caridad Freire		01:03:57	01:03:23	Máster 3	126	M	762		Oleiros	00:07:02	00:39:59	01:03:57
1059	3303	Jorge José Méndez Herrera		01:03:57	01:02:51	Máster 2	264	M	763			00:07:45	00:40:01	01:03:57
1060	2292	Rocio Paredes Casas		01:03:58	01:03:12	Senior	85	F	297	DOIMEHERE TEAM	A Coruña	00:07:02	00:39:44	01:03:58
1061	3299	Jose Luis Cruz Alvarez		01:03:58	01:03:12	Máster 2	265	M	764	DOIMEHERE TEAM	A Coruña	00:07:03	00:39:44	01:03:58
1062	2330	Patricia Quintás Fiaño		01:03:58	01:03:00	Máster 1	66	F	298		Santiago De Compostela	00:07:48	00:41:29	01:03:58
1063	3228	Borja Fernández Bermúdez		01:03:59	01:03:14	Máster 2	266	M	765	Nosportlimit	A Coruña	00:07:07	00:39:11	01:03:59
1064	2298	Mónica Pazos Torreiro		01:04:08	01:03:23	Máster 2	109	F	299	CLUB ATLETISMO SADA	A Coruña	00:07:05	00:39:45	01:04:08
1065	2421	Maria Filloy Carollo		01:04:08	01:03:24	Máster 3	27	F	300	CLUB ATLETISMO SADA	Oleiros	00:07:05	00:40:09	01:04:08
1066	2439	Montse Fernández Moral		01:04:09	01:03:27	Máster 1	67	F	301		Arteixo	00:07:07	00:40:10	01:04:09
1067	3394	Artur Yuste Tarrago		01:04:16	01:03:32	Máster 1	156	M	766		Ourense	00:07:24	00:41:13	01:04:16
1068	2241	Andrea Costoya		01:04:33	01:03:40	Máster 1	68	F	302	Club Arzúa	Arzúa	00:07:36	00:41:04	01:04:33
1069	2402	Carmen Linares Dominguez		01:04:39	01:03:32	Máster 2	110	F	303		Cambre	00:07:54	00:41:30	01:04:39
1070	3219	Guillermo García Rodríguez		01:04:42	01:03:59	Máster 3	127	M	767		Culleredo	00:07:34	00:40:59	01:04:42
1071	2263	Marta García Quijada		01:04:43	01:03:58	Máster 2	111	F	304		A Coruña	00:07:20	00:40:51	01:04:43
1072	3208	Manuel González Pereira		01:04:48	01:03:41	Máster 4	36	M	768	INDEPENDIENTE	Arteixo	00:07:48	00:41:07	01:04:48
1073	2185	Marga Quintela Gómez		01:04:49	01:04:26	Máster 2	112	F	305	ad cerne	Melide	00:06:36	00:40:39	01:04:49
1074	2451	Beatriz Ucha Gómez		01:04:50	01:04:17	Senior	86	F	306		A Coruña	00:06:55	00:40:41	01:04:50
1075	2328	Cristina Ucha Gomez		01:04:51	01:04:18	Senior	87	F	307		A Coruña	00:06:54	00:40:36	01:04:51
1076	3442	Pablo Carpintero Pazos		01:04:53	01:04:49	Senior	173	M	769		Vigo	00:05:24	00:39:11	01:04:53
1077	2237	Nuria Varela De Amorn		01:04:53	01:04:23	Senior	88	F	308	PATO BLANCO DE CELANOVA	Celanova	00:06:29	00:40:12	01:04:53
1078	3411	Jose Manuel Esmoris Marta		01:04:54	01:03:47	Senior	174	M	770		A Coruña	00:07:48	00:41:24	01:04:54
1079	3224	Oscar Garcia Maceiras		01:04:58	01:04:02	Máster 2	267	M	771		A Coruña	00:07:30	00:39:52	01:04:58
1080	2240	Irene Fernandez Fidalgo	AG2020431	01:05:02	01:04:32	Máster 2	113	F	309	ATLETISMO NARON	Narón	00:06:32	00:40:33	01:05:02
1081	3412	Andres Alonso Arias Ortega		01:05:04	01:04:01	Máster 2	268	M	772		A Coruña	00:08:40	00:42:25	01:05:04
1082	2405	Marta Vizcaino Abeledo		01:05:04	01:04:27	Senior	89	F	310		A Coruña	00:07:10	00:41:01	01:05:04
1083	3151	Juan Fernández González	AG767350	01:05:09	01:04:01	Máster 2	269	M	773	PATUKOS TIM RANIN	A Coruña	00:07:35	00:40:40	01:05:09
1084	2389	Katherine Foutch		01:05:25	01:04:35	Senior	90	F	311		Seattle	00:07:30	00:41:10	01:05:25
1085	2249	Sofía Fraga Galdo		01:05:26	01:05:00	Máster 1	69	F	312		A Coruña	00:06:43	00:41:00	01:05:26
1086	2239	María Francisca Fernandez Carballal		01:05:29	01:04:30	Máster 3	28	F	313		A Coruña	00:07:37	00:41:20	01:05:29
1087	3105	Gelasio Bernardez		01:05:34	01:05:12	Máster 4	37	M	774		Ourense	00:06:56	00:39:58	01:05:34
1088	2422	Pilar Hermo Gomez	AG2025052	01:05:36	01:05:03	Máster 4	5	F	314	LA MOCHILA DEL DEPORTE	A Coruña	00:07:12	00:41:51	01:05:36
1089	2193	Gabriela Veiga Butierrez		01:05:42	01:05:03	Máster 2	114	F	315		Montevideo	00:07:00	00:41:11	01:05:42
1090	3432	Jose Luis Fernandez Rois		01:05:43	01:04:43	Máster 4	38	M	775		A Coruña	00:07:45	00:41:21	01:05:43
1091	2310	Lucía Pardo Moure		01:05:57	01:05:21	Senior	91	F	316		Arteixo	00:07:25	00:41:13	01:05:57
1092	2374	Florina Toader		01:06:02	01:05:01	Senior	92	F	317		Bucuresti	00:08:05	00:42:39	01:06:02
1093	2423	Nerea Cacheiro Sánchez		01:06:04	01:05:38	Senior	93	F	318		Oleiros	00:06:51	00:41:59	01:06:04
1094	3318	Miguel Angel Mosquera Abad		01:06:07	01:05:34	Máster 4	39	M	776		A Coruña	00:06:53	00:40:38	01:06:07
1095	3359	Eduardo Amaral		01:06:11	01:05:22	Máster 4	40	M	777		S. João Da Madeira	00:07:48	00:42:08	01:06:11
1096	2250	Belen Lema Facal		01:06:24	01:05:54	Máster 1	70	F	319		A Coruña	00:06:38	00:41:20	01:06:24
1097	2447	Catherine García Pernas		01:06:31	01:05:56	Senior	94	F	320		Oleiros	00:07:12	00:40:49	01:06:31
1098	2425	Maribel Vicente Gonzalez		01:06:41	01:05:50	Máster 3	29	F	321	Termaria	Miño	00:07:34	00:41:50	01:06:41
1099	2311	Alicia Ana Couce Falcon		01:06:45	01:06:06	Máster 2	115	F	322		Ares	00:06:57	00:41:23	01:06:45

1100	2214	Cristina Vazquez Valiño		01:06:45	01:05:43	Máster 2	116	F	323	Nosportlimit	Oleiros	00:07:18	00:41:31	01:06:45
1101	3336	Alfonso Mariño Rodriguez		01:06:55	01:05:51	Máster 1	157	M	778		Vigo	00:08:09	00:43:22	01:06:55
1102	3419	Manuel Nunez Pose		01:07:22	01:06:26	Máster 1	158	M	779	NOEL	A Coruña	00:07:37	00:43:07	01:07:22
1103	2248	Cristina Sanchez Lopez		01:07:37	01:06:48	Máster 2	117	F	324		A Laracha	00:07:12	00:40:58	01:07:37
1104	2426	Ana Bermejo Montero		01:07:43	01:07:00	Máster 1	71	F	325		Ourense	00:07:37	00:41:51	01:07:43
1105	2315	Bea Figueroa Núñez		01:07:44	01:06:49	Máster 2	118	F	326	NSL	A Coruña	00:07:30	00:42:12	01:07:44
1106	2361	Claudia Regueiro Amado		01:07:57	01:07:16	Senior	95	F	327		Betanzos	00:07:49	00:43:25	01:07:57
1107	2490	Emilio Perez Santiago		01:07:57	01:07:16	Máster 1	159	M	780	C.C.RIAZOR	Arteixo	00:07:49	00:43:30	01:07:57
1108	2321	Mercedes Figueroa Suarez		01:07:59	01:07:08	Máster 3	30	F	328		A Coruña	00:07:33	00:42:56	01:07:59
1109	2264	Cristina Anguita Regueiro		01:08:09	01:07:44	Senior	96	F	329		Culleredo	00:07:06	00:41:32	01:08:09
1110	2271	Aida Carrera Prada		01:08:23	01:07:40	Senior	97	F	330			00:07:06	00:42:07	01:08:23
1111	2391	Carmen Añon Piña		01:08:31	01:07:48	Senior	98	F	331		Arteixo	00:07:35	00:42:43	01:08:31
1112	2390	Eva Añon Piña		01:08:32	01:07:49	Máster 1	72	F	332		Arteixo	00:07:34	00:42:49	01:08:32
1113	3426	Antonio Diaz Vila		01:08:48	01:07:59	Máster 3	128	M	781		A Coruña	00:07:37	00:43:35	01:08:48
1114	3380	Alejandro Vilas Debén		01:08:49	01:07:55	Senior	175	M	782		A Coruña	00:07:45	00:43:19	01:08:49
1115	2376	Adelaide Coelho		01:08:50	01:08:14	Máster 3	31	F	333		S.joão Da Madeira	00:07:20	00:42:39	01:08:50
1116	2419	Noelia Carreira Bocelo		01:08:59	01:08:14	Senior	99	F	334		Ferrol	00:08:11	00:42:28	01:08:59
1117	3309	Adrián Fernández Quirós		01:09:00	01:08:00	Senior	176	M	783		A Coruña	00:07:24	00:42:28	01:09:00
1118	3256	Oscar Carreira Carballal		01:09:27	01:08:50	Máster 2	270	M	784		A Coruña	00:07:39	00:43:47	01:09:27
1119	2337	Susana Alonso Puentes		01:09:27	01:08:50	Máster 2	119	F	335		A Coruña	00:07:41	00:43:55	01:09:27
1120	2313	María Jose Pazos Oviedo		01:09:30	01:08:31	Máster 2	120	F	336		Cambre	00:08:08	00:44:32	01:09:30
1121	3142	Rodrigo Alfonso Rodríguez Fernández		01:09:33	01:08:32	Máster 2	271	M	785		A Coruña	00:07:22	00:43:31	01:09:33
1122	3257	Francisco Bao Estevez	AG10966	01:10:02	01:09:07	Máster 4	41	M	786	ASOCIACION DEPORTIVA ATLETICA DO SIL (ADAS)	Barco De Valdeorras, O	00:07:51	00:44:17	01:10:02
1123	2288	Adriana Otero Rodríguez		01:10:04	01:09:14	Máster 1	73	F	337	Non pertencemos a ningún club	Culleredo	00:07:55	00:45:14	01:10:04
1124	2289	Sonia Otero Rodríguez		01:10:04	01:09:13	Máster 2	121	F	338		Cambre	00:07:53	00:45:13	01:10:04
1125	2813	Ramiro Gonzalez Insua		01:10:16	01:09:14	Máster 2	272	M	787		A Coruña	00:07:56	00:44:44	01:10:16
1126	2105	Mari Carmen Gonzalez Vilas		01:10:16	01:09:14	Máster 3	32	F	339		Pontevedra	00:07:55	00:44:44	01:10:16
1127	3317	Arturo Nogueira Castañon		01:10:43	01:09:54	Máster 4	42	M	788		Santa Cruz	00:08:03	00:45:47	01:10:43
1128	3306	Diego Iglesias Vicente		01:10:46	01:09:42	Senior	177	M	789		A Coruña	00:07:27	00:42:28	01:10:46
1129	2100	Marta Castro Suárez		01:10:56	01:10:02	Senior	100	F	340		A Coruña	00:08:03	00:45:37	01:10:56
1130	3334	José Luis Prieto Montero		01:11:03	01:10:06	Senior	178	M	790		A Coruña	00:07:46	00:43:46	01:11:03
1131	2243	Noelia García Calvo		01:11:04	01:10:30	Máster 1	74	F	341		Alcalá De Henares	00:07:13	00:44:09	01:11:04
1132	2378	Filomena Almeida		01:11:43	01:11:07	Máster 2	122	F	342		S.joão Da Madeira	00:07:17	00:44:09	01:11:43
1133	3273	David Pardo Naya		01:12:01	01:11:18	Máster 2	273	M	791		A Coruña	00:07:06	00:43:36	01:12:01
1134	3308	Miguel De Santiago Marin		01:12:19	01:11:35	Máster 2	274	M	792		A Coruña	00:07:27	00:43:38	01:12:19
1135	3443	Darwin Daniel Alcalá Díaz		01:12:39	01:11:35	Máster 1	160	M	793		Culleredo	00:08:29	00:46:13	01:12:39
1136	2340	Deilhy Alcalá Diaz		01:12:39	01:11:36	Senior	101	F	343	A.D. DOWNHILL	A Coruña	00:08:29	00:46:12	01:12:39
1137	3307	Joaquin Diaz Redondo		01:13:07	01:12:12	Máster 3	129	M	794	Nosportlimit	A Coruña	00:07:29	00:45:50	01:13:07
1138	2410	Ana Vázquez		01:13:09	01:12:16	Senior	102	F	344		Cambre	00:07:42	00:44:33	01:13:09
1139	2304	Cristina Castro Alvarez		01:13:32	01:13:06	Máster 1	75	F	345	Nosportlimit	Oleiros	00:07:35	00:46:18	01:13:32
1140	2398	Elisabete Andrade		01:13:43	01:12:39	Senior	103	F	346		S.joão Da Madeira	00:08:03	00:46:29	01:13:43
1141	2334	Karina Quinteiro Vazquez		01:13:59	01:13:22	Senior	104	F	347	NO	A Coruña	00:07:25	00:45:39	01:13:59
1142	3315	Moisés Calvo Vitorro		01:14:38	01:14:35	Sub 20	5	M	795	SOCIEDADE DEPORTIVA BARBANTIA RODA	Boiro	00:05:23	00:44:18	01:14:38
1143	3310	José Manuel Garcia Cacabelos		01:15:28	01:14:17	Máster 3	130	M	796		A Coruña	00:08:08	00:46:58	01:15:28

1144	2279	Nathalie Ocampo Sau		01:15:35	01:14:43	Máster 3	33	F	348		Sillingy	00:08:23	00:47:18	01:15:35
1145	2336	María Mercedes Lebedynski Patiño		01:15:36	01:14:44	Máster 3	34	F	349		A Coruña	00:08:23	00:47:13	01:15:36
1146	3281	Alfonso Ocampo		01:15:36	01:14:43	Máster 3	131	M	797		Poisy	00:08:24	00:47:19	01:15:36
1147	2371	Isabel Santos		01:18:14	01:17:26	Máster 2	123	F	350		Arrifana	00:08:31	00:48:58	01:18:14
1148	3349	Artur Rodrigues		01:18:15	01:17:27	Máster 2	275	M	798		Arrifana	00:08:31	00:48:57	01:18:15
1149	2394	Joanna Isabel Font López De Sagredo		01:18:26	01:17:22	Máster 1	76	F	351		Cambre	00:08:36	00:49:23	01:18:26
1150	3369	Juan Carlos Figueroa Bouzas		01:18:26	01:17:22	Senior	179	M	799		Cambre	00:08:36	00:49:27	01:18:26
1151	2372	Jeronima Soares		01:34:47	01:33:58	Máster 3	35	F	352		São João Da Madeira	00:09:06	00:55:26	01:34:47
1152	3350	Abel Rodrigues		01:34:47	01:33:58	Sub 20	6	M	800		São João Da Madeira	00:09:05	00:55:38	01:34:47
	2132	Marta Martínez Rodríguez		DNF	DNF	Senior		F			A Coruña	00:05:21		
	2150	Iria Barba Montes		DNF	DNF	Senior		F			A Coruña	00:05:56		
	2165	Susana Iglesias Lopez		DNF	DNF	Máster 2		F			A Coruña	00:07:02	00:40:52	
	2418	Laura Alonso Vigo		DNF	DNF	Senior		F			A Coruña	00:08:12		
	2044	Araceli Grandío Vicente		DQ 240.10	DQ	Máster 2		F		Club Hércules Termaria	A Coruña			
	2151	Jessica Busto Durán		DQ 240.10	DQ	Senior		F		CLUB ATLETISMO SADA	Sada			
	2548	Remigio Rioboo Gutierrez	AG2017597	DNF	DNF	Máster 2		M		MARINEDA ATLETICO	A Coruña	00:04:09		
	2896	David Villar Villar		DNF	DNF	Máster 1		M			A Coruña	00:05:08		
	2990	Julio Seijal Lema		DNF	DNF	Máster 1		M		Startan	A Coruña	00:05:28		
	3187	Salvador Naya Fernandez		DNF	DNF	Máster 3		M			Betanzos	00:06:51		
	3431	Bruno De Soto Lobon		DNF	DNF	Senior		M			Cambre	00:07:47		